

# The Perris Progress

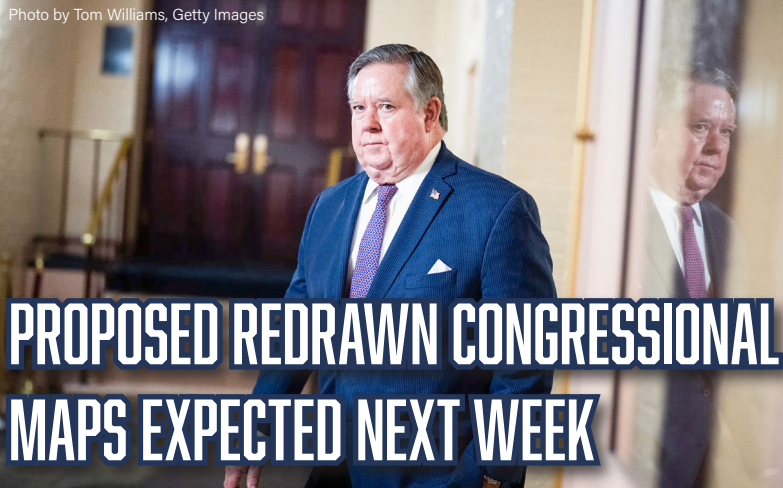
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Vol. 125-33

Friday, August 15, 2025

Since 1901

Photo by Tom Williams, Getty Images



## KEN CALVERT HAS SERVED FOR DECADES. NEWSOM'S PLAN COULD END HIS DOMINANCE

BY DEBORAH BRENNAN,  
CalMatters

Last year Republican Rep. Ken Calvert, the longest-serving Republican of California's delegation, narrowly held his seat against a former federal prosecutor, Democrat Will Rollins.

This year he faces eight challengers, and the possibility that his area, California District 41, could be redrawn to give Democratic candidates the advantage.

Gov. Gavin Newsom is proposing what lawmakers are calling an emergency redistricting plan for California, aimed at turning at least five red congressional seats blue. Calvert's Inland Empire district is one of those targets.

Newsom floated his plan after Texas began redrawing its political lines to eliminate five Democratic seats. Texas Gov. Greg Abbott is pushing the proposal with the backing of President Donald Trump, who wants to bolster the GOP's House majority in next year's midterm election by skewing voting districts in Republicans' favor.

"Donald Trump called up Governor Abbott for one simple reason: to rig the 2026 elections," Newsom said in a statement, vowing to "fight fire

with fire."

But he faces some hurdles. Unlike Texas, where the legislature sets political boundaries, California relies on an independent citizens' commission to draw voting lines. California voters approved the redistricting commission for state offices in 2008, empowering the bipartisan body to set boundaries based on geographic areas and "communities of interest," which can include cultural and economic characteristics. In 2010, voters added congressional districts to the process.

To circumvent that, Newsom would ask California voters to approve new boundaries that would remain in place through 2030. He plans to release proposed voting maps next week. Then the state legislature has to authorize a ballot measure by Aug. 22 to place the redistricting plan on the November ballot.

Last week Newsom hosted Texas lawmakers who fled the state to delay a vote on its redistricting effort. And on Monday he sent Trump a letter outlining California's counter-offensive. "You are playing with fire, threatening to destabilize democracy, while knowing that California can neutralize any gains you hope to make," Newsom wrote.

See Redistricting Page 4

## 2,300 CALIFORNIA 'DREAMERS' ARE ABOUT TO LOSE THEIR HEALTH CARE COVERAGE

By Ana B. Ibarra, CalMatters

Less than a year after "Dreamers" were first allowed to sign up for Covered California health insurance, undocumented immigrants who were brought to the U.S. as children are about to lose their health care coverage.

In California, that means about 2,300 Dreamers must find health insurance elsewhere or go without once their coverage is terminated at the end of the month. The decision was made by the federal Centers for Medicare and Medicaid Services, the agency that oversees insurance marketplaces.

Last year, the Biden administration updated the definition of "lawfully present" for Affordable Care Act eligibility so recipients of the Deferred Action for Childhood Arrivals program (DACA), also known as Dreamers, could buy insurance through the state and federally run marketplaces. The Trump administration reversed that decision in June and set the change to take effect two months later.

The policy is "designed to stabilize the risk pool, lower premiums, and reduce improper enrollments with a goal of

improving healthcare affordability and access while maintaining fiscal responsibility," the agency said in a statement announcing the marketplace changes.

Last week Covered California announced it was working to notify all DACA recipients that their last day of coverage will be Aug. 31 and that it will help them explore other insurance options.

Since its inception, the Affordable Care Act has barred immigrants living in the country illegally from purchasing health coverage on the marketplace. DACA recipients, who are allowed to stay and legally work in the U.S. under a 2012 program, became the exception.

'Hoped for a different outcome'

"The decision is deeply unfair to hard-working, tax-paying individuals in California who trusted that they would have health insurance for 2025, only to have it stripped away eight months later," said Jessica Altman, the executive director at Covered California. "While we had hoped for a different outcome for DACA recipients, we must comply with federal law."

See Dreamers Page 3

## How to Tell When Your Garden Veggies Are Ripe for Harvesting

By Jessica  
Damiano, AP

It's time — or getting to be time — for us gardeners to reap what we've sown.

Although it's fairly evident when some edibles, like tomatoes, are ripe for the picking (uniform red, yellow or orange color), that isn't the case with every crop.

Popular crops' telltale signs of



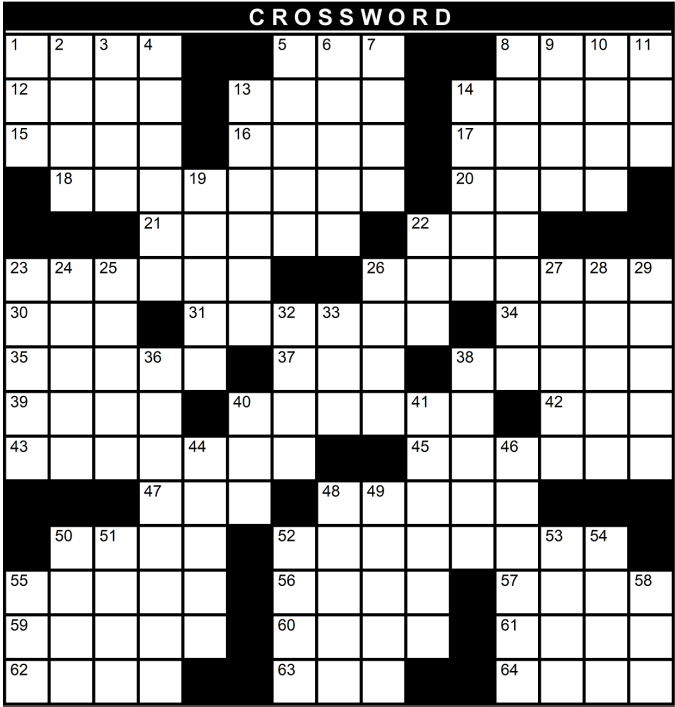
deliciousness

Zucchini, for instance, doesn't change color. Although it might be tempting to grow a 15-inch-long squash, it will likely be tough. For optimal tenderness, pick individual fruits when they're 6-8 inches (15-20 centimeters) long.

All varieties of green beans should be harvested when they are about as thick as a pencil. Once the plant begins producing, check it every day or two and remove beans that are ready; the more you pick, the more the plant will make.

See Ripe Page 8

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STATEPOINT CROSSWORD  
THEME: BACK TO SCHOOL

- ACROSS
1. \*Report \_\_\_\_

5. One on the beat

8. Put on the payroll

12. Fan sound

13. Buckeye State

14. Indy entrant

15. Table mountain

16. 2021 movie "The Harder They \_\_\_\_"

17. Carry away, in a way

18. \* \_\_\_\_ Readers

20. Weary walk

21. Basketry stick

22. \* \_\_\_\_ time for pre-schoolers

23. Plums and cherries genus

26. Allegiance

30. Crew propeller

31. Rh in Rh disease

34. Your majesty

35. Miss of the Muppets

37. Band event

38. Asci, sing.

39. Olympic castaway

40. \*Didn't fail

42. Frozen H2O

43. Took a penny-far-thing, e.g.

45. \*Punctuation marks
- for famous words

47. Maltese or Havanese, e.g.

48. \*Use Play-Doh

50. Cheap trinket

52. \*3+x=10, e.g.

55. Soviet place of exile

56. Curtis, to friends

57. Beehive state

59. \*Olden-day notebook

60. Honey-producing facility

61. Sushi restaurant soup

62. Location of altar

63. Type of poem

64. Sing like Ella Fitzgerald
- DOWN
1. Mountain basin

2. Attention grabber

3. Reduced Instruction Set Computer

4. Hiccup's Toothless, e.g.,

5. Irritate by rubbing

6. Persian Gulf ship

7. Multi-

8. \*"Get out of class-room" permit (2 words)

9. International Civil Avi-

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Riverside County Sheriff's  
Deputy Arrested for  
Alleged Unauthorized Data

LAKE MATTHEWS (CNS) - A 41-year-old Riverside County deputy accused of accessing unauthorized and confidential information from government databases for personal use was out on bail Friday.

Michael Gene Schmidt was arrested and booked into the Presley Detention Center in Riverside on Thursday on suspicion of unauthorized computer

access.

He was released the same day on \$40,000 bail.

On May 8, investigators started to look into Schmidt's computer access, according to Lt. Albert Martinez.

He was arrested in Murrieta without incident on Thursday, Martinez said.

Schmidt has worked with

the department since Oct. 2008, and was most recently assigned to the Lake Elsinore station.

He was placed on administrative leave pending an internal investigation.

No further details will be released, and anyone with additional information was urged to contact Investigator Andrew at 951-272-5600.

ation Organization

10. Retired, shortened

11. Bard's before

13. Lacking cordiality

14. Settle a debt

19. Unethical loaner's practice

22. Us, in Mexico

23. Temporary store

24. Reason to strike

25. Prodded

26. Totes or tugs

27. Permissible

28. Cease-fire

29. Many affirmatives

32. "Good grief!"

33. Bro's counterpart

36. \*School alum

38. Next step for juvenile

40. Margaret, for short

41. Describe as similar

44. Elks' hangout

46. Poppy derivative, pl.

48. Marine cephalopod

49. \*Grading arch

50. Big one at 7-Eleven

51. Regrettably, exclamation

52. Sound reflection

53. Auditory

54. U.S. space agency, acr.

55. Geological Society of America

58. \*Van Halen's "\_\_\_\_ for Teacher"



## To Stay Sharper While Aging, Get Active, Challenge Your Brain, And Eat Healthy

By LAURAN NEERGAARD AP Medical Writer

WASHINGTON (AP)—It's official: Older Americans worried about cognitive decline can stay sharper for longer by exercising both their bodies and their brains and eating healthier.

That's according to initial results released Monday from a rigorous U.S. study of lifestyle changes in seniors at risk of developing dementia. People following a combination of healthier habits slowed typical age-related cognitive decline — achieving scores on brain tests as if they were a year or two younger, researchers reported in JAMA and at the Alzheimer's Association International Conference.

It's not too late to get started -- study participants were in their 60s and 70s -- and it doesn't require becoming a pickleball champ or swearing off ice cream.

"It was the first time I felt like I was doing something proactive to protect my brain,"

said Phyllis Jones, 66, of Aurora, Illinois, who joined the study after caring for her mother with dementia and struggling with her own health problems.

It's too soon to know if stalling age-related decline also could reduce the risk of later Alzheimer's or other forms of dementia. But Jones and other study participants underwent brain scans and blood tests that researchers now are analyzing for clues — such as whether people also saw a reduction in Alzheimer's-related protein buildup.

"We're all on a cognitive aging clock and anything we can do to slow that clock down, to me, that is a significant benefit," said Laura Baker of Wake Forest University School of Medicine, who led the study.

### What's good for the heart is good for the brain

Doctors have long encouraged physical activity and a healthy diet for brain fitness. Those steps fight high blood pressure and cholesterol, heart disease and diabetes,

factors that increase the risk of dementia.

But until now the strongest evidence that specific lifestyle changes later in life could improve how people perform on brain tests came from a study in Finland.

Would it work for a more sedentary and culturally diverse U.S. population? With funding from the Alzheimer's Association and the National Institute on Aging, Baker's team tested the strategy for two years in 2,100 adults ages 60 to 79.

### Here's what study participants had to do

Half of participants were randomly assigned to group classes for exercise and dietary changes plus brain-challenging homework — with peer support and coaches tracking their progress.

They did a half-hour of moderately intense exercise four times a week -- plus twice a week, they added 10 to 15 minutes of stretching and 15 to 20 minutes of resistance training.



Matt Rourke, AP

They followed the "MIND diet" that stresses lots of leafy greens and berries plus whole grains, poultry and fish. Nothing is banned but it urges limiting red meat, fried or "fast food" and sweets, and substituting olive oil for butter and margarine.

They also had to meet someone or try something new weekly and do brain "exercises" using an online program called Brain HQ.

Other study participants, the control group, received brain-healthy advice and minimal coaching — they chose what steps to follow.

Both improved but the groups fared significantly better.

Combining social engagement with exercise and dietary steps may be key, said Jessica Langbaum of the Banner Alzheimer's Institute, who wasn't involved with the study.

"Americans want to have that one easy thing — 'If I just eat my blueberries,'" Langbaum said. "There is no one magic bullet. It is a whole lifestyle."

### How to exercise your body and mind on your own

Moderately intense physical activity means raising your heart rate and panting a bit yet still able to talk, said Wake Forest's Baker. Pick something safe for your physical capability and start slowly, just 10 minutes at a time until you can handle more, she cautioned.

### Make it something you enjoy so you stick with it.

Likewise there are many options for brain exercise, Baker said — puzzles, joining a book club, learning an instrument or a new language.

Jones, a software engineer-turned-tester, learned she loves blueberry-spinach smoothies. Her favorite exercise uses an at-home virtual

**See Aging Page 8**

## Dreamers

Continued from Page 1

Without the insurance marketplace, Dreamers will have to find coverage through an employer, or if their incomes are low enough, they may qualify for the state's health insurance program for low-income people, Medi-Cal. That leaves freelancers and self-employed Dreamers, for example, in a bind if they earn too much to qualify for Medi-Cal but not enough to pay full price for a health plan.

The benefit of signing up for insurance through Covered California is accessing

financial assistance. Expanding coverage to DACA recipients nationwide was estimated to cost the federal government between \$240 million to \$300 million a year.

### Effect on the marketplace

While the federal government said the cuts are meant to stabilize the insurance risk pool and help lower premiums, experts say eliminating coverage for young people — most Dreamers are under 36 years of age — would do the opposite.

That's because when younger and healthier people sign up for insurance, their low-

cost coverage helps balance the high cost of covering individuals who are sicker and older, said Arturo Vargas Bustamante, professor at the UCLA Fielding School of Public Health.

So when fewer young people enroll in coverage, premiums tend to go up for everyone. "Then sick people who really need to get coverage pay the price," Vargas Bustamante said.

The 13-year-old DACA program does not grant recipients legal status, but it does protect them from deportation and allows them work authorization. More than 150,000 DACA recipients

are estimated to live in California.

President Joe Biden's move to insure DACA recipients through the marketplaces was immediately met with resistance from red states. Last summer a group of 19 Republican attorneys general filed a lawsuit in federal court trying to stop the insurance marketplace expansion to DACA recipients. A federal judge in North Dakota sided with the plaintiffs and stopped the rule from going into effect in those 19 states. The new rule from the Centers for Medicare and Medicaid Services applies to all states.

DACA recipients are the first group of a larger number of immigrants who are expected to lose or drop marketplace coverage soon. The federal budget President Donald Trump approved last month eliminates marketplace financial assistance for some lawfully present immigrant groups, including refugees and asylees, starting in 2027. Without financial assistance many of these enrollees will likely not afford their coverage.

Meanwhile, everyone else enrolled in a Covered California plan could see their monthly premiums go up by \$101 a month starting next year.

## Menifee Police Officer Taken Into Custody Following Sexual Assault Allegations

MENIFEE (CNS) - A Menifee police officer was taken into custody Tuesday, following a complaint involving sexual assault allegations.

Investigators determined there was sufficient evidence to support the arrest of Officer Juan Pensina on Tuesday at approximately 12:45 p.m., according to the Menifee Police Department. He has been placed on administrative leave pending the conclusion of a criminal and administrative investigation into the sexual assault allegations.

"Following the receipt of this complaint, a preliminary investigation was immediately conducted, during which an employee of the department was identified in connection with the allegations," police said in a statement.

Pensina was booked into the Cois Byrd Detention Center, but the details of charges he possible face were not disclosed. Police said that a "thorough and impartial" investigation was conducted by Menifee officers, along with assistance from the Riverside

County Sheriff's Office's Special Victims Unit, after receiving a formal request on July 24.

The initial complaint was received by the Menifee Police Department's Professional Standards Unit.

Anyone with information regarding the alleged sexual assault was urged to call Riverside County Sheriff's Department Master Investigator Andrade at 951-1701 with reference case number MB25-205-0002

## Sheriff's Estate Auction to Feature Cars, Pianos, Jewelry, Fine China

PERRIS (CNS) - An auction of automobiles, fine china, pianos, appliances and other items from estates placed under the management of the Riverside County Sheriff's Department will be held online, prompting an invitation Tuesday from the agency for all interested bidders to register in advance.

Hesperia-based Bid Fast & Last is coordinating with the sheriff's Office of the Public Administrator to provide the internet-based engagement, scheduled for 10 a.m. on Aug. 20.

Officials said that interested bidders will be permitted, by appointment only, to view items on the auction block in-person at the sheriff's Perris warehouse, 800 S. Redlands Ave., where they're stored. The preview is slated to take place just



2013 HRV up for auction

ahead of the auction.

Items up for grabs include vans, SUVs, china, turquoise dinnerware, Waterford crystal, Story & Clark pianos, gold necklaces, washers and dryers, cabinets, desks, tools, televisions and computer screens.

A few standouts in the assortment include a classic cuckoo clock, a "Christmas Story" leg lamp, a 1970 Volkswagen Beetle and Royal Doulton figurines,

including one depicting William Shakespeare.

Bidding will be available via [bidfastandlast.com](http://bidfastandlast.com), using the page "Riverside Public Administrator August Auction 2025."

More information is available at [bidfastandlast.com/](http://bidfastandlast.com/).

The Office of the Public Administrator assumes control of some estates within the county's jurisdiction when there are no heirs.

the maps. "That is not something our office is actively involved in," Brandon Richards, a spokesperson for the governor's office, told CalMatters in an email.

Calvert didn't comment

on how the redistricting proposal would affect his district, but said the plan undermines California's citizen-led redistricting process.

"I strongly oppose the

## Felon Charged with Gunning Down Mead Valley Resident

RIVERSIDE (CNS) - A felon accused of gunning down a 30-year-old Mead Valley man was charged Wednesday with murder and other offenses.

Raul Joe Varela, 51, of Turlock, was arrested Sunday following a Riverside County Sheriff's Department investigation.

Along with murder, Varela is charged with sentence-enhancing gun and great bodily injury allegations.

He made his initial court appearance Wednesday before Superior Court Judge Gary Polk, who appointed him a public defender and set his arraignment for Thursday at the Riverside Hall of Justice.

Varela is being held in lieu of \$1 million bail at the Robert Presley Jail.

According to sheriff's Sgt. Lance Stoyer, the defendant allegedly killed Giovanni Martinez in the area of Elizabeth and Woodward

streets in Mead Valley shortly before 9 p.m. Thursday.

Stoyer said deputies were called to the location to investigate reports of an assault and discovered Martinez outside a house, suffering from gunshot wounds. The victim was pronounced dead at the scene by paramedics.

Central Homicide Unit detectives took over the investigation, and by Saturday, they had identified Varela as the alleged assailant, though Stoyer did not provide any further details, including a possible motive.

An arrest warrant was served on the defendant in the predawn hours Sunday, near where the attack occurred. He was taken into custody without incident.

Court records indicated he has a prior-strike conviction in another jurisdiction, but it wasn't specified.

scheme being orchestrated behind closed doors by Sacramento politicians to take constitutionally afforded power away from the Independent Citizens Redistricting Commission and replace it with a process that would allow legislators to draw district maps that are gerrymandered to benefit themselves and their political allies," Calvert said in a statement to CalMatters. "A partisan political gerrymander is not what the voters of California want as they clearly stated when they passed the VOTERS FIRST Act and participated in the Independent Citizens Redistricting Commission process."

If voters approve the new maps it could put Calvert's seat at risk. Previous redistricting in 2021 added the liberal Coachella Valley to conservative parts of western Riverside County, making it a more competitive race. Rollins brought a tightly run campaign and \$8 million war chest to the fight and lost by just 3% in November.

With even more Democrat-friendly boundaries and a wide field of candidates that include business executives, an educator and a pop star, the swing race would likely attract renewed national attention and campaign donations.

## Redistricting

Continued from Page 1

Although the governor has been leading the charge for redistricting, his office said the legislature is handling

## FRIDAY, August 15, 2025

### Today in History:

Today is the 227<sup>th</sup> day of 2025.  
There are 138 days left in the year.

### Today in history:

On Aug. 15, 1969, the Woodstock Music and Art Fair opened in upstate New York; more than 460,000 people attended the three-day festival, which would become a watershed event in American music and culture.

### Also on this date:

In 1057, Macbeth, King of Scots, was killed in battle by Malcolm, the eldest son of King Duncan, whom Macbeth had slain.

In 1914, the Panama Canal officially opened as the SS Ancon crossed the just-completed waterway between the

Pacific and Atlantic oceans.

In 1935, humorist Will Rogers and aviator Wiley Post were killed when their airplane crashed near Point Barrow in the Alaska Territory.

In 1947, India gained independence after nearly 200 years of British rule.

In 1961, as workers began constructing a Berlin Wall made of concrete, East German soldier Conrad Schumann leapt to freedom over a tangle of barbed wire.

In 1989, F.W. de Klerk was sworn in as acting president of South Africa, one day after P.W. Botha resigned because of a power struggle within the National Party.

In 1998, 29 people were killed by a car bomb that tore apart the center of Omagh (OH'-mah), Northern Ireland; a splinter group calling itself the Real

Joe Cocker performs on stage at left before crowd and huge lighting/sound towers. Cars and tents can be seen in the background.



Woodstock Whisperer

IRA claimed responsibility.

of people.

In 2003, bouncing back from the largest blackout in U.S. history, cities from the Midwest to Manhattan restored power to tens of millions

In 2021, the Taliban regained control of the Afghan capital of Kabul after the withdrawal of U.S. forces from the country.

## Concerns About Tariffs Spur Cargo Movement in July

SAN PEDRO (CNS) - As retailers and manufacturers seek to get ahead of tariffs, Port of Los Angeles officials Wednesday said July was the busiest month on record with dockworkers handling 1,019,837 twenty-foot equivalent units, an increase of 8.5% compared to the same time last year.

Loaded imports stood at 543,728 TEUs, an 8% increase compared to July 2024. Loaded exports land-

ed at 121,507 TEUs, a 6% increase, and the port also processed 354,602 empty container units, a 10% increase.

Seven months into 2025, the port has handled nearly 6 million TEUs, or a 5% increase compared to the same period in 2024.

"Shippers have been front-loading their cargo for months to get ahead of tariffs and recent activity at America's top port really tells that

story," port Executive Director Gene Seroka said during a media briefing Wednesday.

"Port terminals in July were jam-packed with ships loaded with cargo, processed without any delay -- much to the credit of our dedicated longshore workers, terminal and rail operators, truckers and supply chain partners," Seroka added.

According to Seroka, the port had 107 ship calls in July, 30% more than average



Noah Berger, AP

Cargo containers fill a ship at the Port of Oakland on Wednesday, Aug. 6.

over the past five years. Another 11 unscheduled ships arrived, which officials call "extra loaders."

President Donald Trump's latest tariffs went into effect Aug. 1, pushing the effective

tariff rates to the "highest point in nearly a century," port officials said.

China's tariff rates stood at 55%. Trade framework deals

**See Tariffs Page 8**

## Report: Regional Inflation Rises Slightly over Two-Month Period

RIVERSIDE (CNS)-Inflation throughout the Riverside metropolitan area increased less than half a percentage point over the previous two months, dovetailing with the published rate for the nation as a whole, according to data released Tuesday by the U.S. Bureau of Labor Statistics.

The agency's bimonthly report, based on metrics for northwestern Riverside County, as well as the cities of Ontario and San Bernardino, indicated that the Inland Empire's Consumer Price

Index was up .2%.

BLS officials said health care and shelter costs, or property rents, were among the main drivers of price hikes in the months of June and July. The health expenses component of the index jumped 5.4%, while the shelter burden climbed an estimated .8%.

Over the same two-month period, however, energy prices dropped, with gasoline costs declining 5.5%, despite the oil market jitters set off by Israel's attack on Iran and

the latter's counter-strikes. The pocketbook squeeze for groceries also eased marginally in June and July, decreasing overall by .1%, according to the BLS.

The year-over-year picture contrasted with bimonthly inflationary trends. From July 2024 to July 2025, the regional CPI showed a 3.5% rise, accounting for a range of upward pressures, led by food and shelter costs.

The food index was up 3.5% over the 12-month period,

while the shelter component was up 3.4%, data showed.

Trending lower year-to-year were energy costs, dropping an aggregate 1.8%, along with costs for education and communication services, which together declined by 2.8%, according to the government.

The report showed inflation was also up .2% nationwide for July, and 2.7% on an annualized basis.

The current rate of inflation reflects the price trajectory

impacting most sectors of the economy.

Accelerating consumer price hikes have been blamed variously on the war in Ukraine, loose monetary policy and excessive federal spending, applying downward pressure on the dollar.

The national debt is \$36.9 trillion, according to the U.S. Treasury Department. Estimated annualized interest rate payments on the country's debt passed the \$1 trillion mark in November 2023, according to

**See Inflation Page 9**

## “WEAPONS”

By Bob Garver

In a weekend that I could have sworn would be dominated by family-friendly franchise fare “Freakier Friday,” it was R-rated horror movie “Weapons” pulling off the upset. What happened here? I know stars Julia Garner and Josh Brolin have important roles in the MCU, but were they such draws without Garner in silver polymer or Brolin with an oversized chin? Did horror fans flock to the film because of writer/director Zach Cregger? His last film, 2022’s “Barbarian,” has already had its entire domestic box office run eclipsed by “Weapons” in its first weekend alone. An inundation of advertising? I knew the film was coming, but I’d had “Freakier Friday” shoved down my throat for months thanks to the Disney promotional machine.

I think it all just came down to early reviews and word-of-mouth. The film held a 100% Rotten Tomatoes score in the days leading up to its release, and late-stage advertisements wrang every last drop of ketchup out of that (it has since

dropped to a still-very-impressive 95%). By the time it opened, the film had a reputation as a surefire future classic. So maybe it’s not a huge surprise that by the time I saw it, the bar might have been set a little too high for the movie to clear it by much.

The advertising didn’t give away much about the film, other than that it’s about missing children. One night, 17 elementary-aged students from a single class of 18 all run away from home, their arms outstretched in the “airplane” pose (which the movie makes very creepy, so get ready for months of references and imitations). The next day, teacher Justine Gandy (Garner) comes to class to find only Alex (Cary Christopher) at his desk and everyone else missing. What happened to the other kids?

The community wants answers, and as days turn into weeks, uncertainty turns into anger, especially among the parents. The police have a battery of questions for both Justine and Alex, but neither know anything. The town doesn’t want to go too hard on little Alex, but they’re

not letting Justine off the hook. She becomes a local pariah, even though everyone knows from camera footage that the kids ran away on their own while they were in the care of their parents. If this wasn’t technically an abduction, then what was it? And how can the kids be brought back?

The film switches between several points of view. The film starts out with Justine as the main character, trying to solve the mystery herself and clear her name. But after a while, it starts following frustrated parent Archer (Brolin), who wants to confront Justine. Then it switches to cop Paul (Alden Ehrenreich) and follows him for a while. Same with principal Andrew (Benedict Wong), drifter James (Austin Abrahms), and of course, Alex. Every character gets the viewer a little bit closer to the answers they crave, before the film backtracks to follow someone new with their own story to tell and their own part to play in the mystery.

Part of the appeal of “Weapons” is how tightly the film can intertwine these characters, so by



the end the audience will hopefully feel like they’ve rightly untied a particularly difficult knot. But the movie isn’t as tight as it thinks it is. Sometimes it relies on cheap dream sequences and jump scares, in case people get so wrapped up in the grounded mystery that they forget this is a horror movie. Other times characters have to make stupid or inexplicable decisions to hold off the resolution. Also, sometimes its child narrator (Scarlett Sher) flat-out lies. Those quibbles keep the film from achieving greatness for me. But the film still easily achieves goodness, with some memorable per-

formances, an unsettling atmosphere, some great payoffs, and even a well-earned laugh or two (can’t forget that Cregger was mostly known for sketch comedy prior to “Barbarian”). If my heart is an armory, there’s just enough room for “Weapons.”

Grade: B-

“Weapons” is rated R for strong bloody violence and grisly images, language throughout, some sexual content and drug use. Its running time is 128 minutes.

Contact Bob Garver at [rg251@nyu.edu](mailto:rg251@nyu.edu).

## ‘WEAPONS’ OPENS WITH \$42.5 MILLION TO LEAD BOX OFFICE

LOS ANGELES (CNS) - “Weapons” opened with \$42.5 million to lead all films in North America, according to industry estimates released Sunday.

The horror film from New Line Cinema stars Josh Brolin and Julia Garner and was directed by actor/director Zach Cregger. It concerns a group of 17 children from the same classroom who disappear at the same time.

On the lighter side, the comedy sequel “Freakier Friday” opened in second place with a strong \$29 million, Comscore reported. It stars Jamie Lee Curtis and Lindsay Lohan, who reprise their roles from 2003’s “Freaky Friday,” which was a remake of a 1976 film starring Barbara Harris and Jodie Foster.

“Fantastic Four: First Steps” grossed \$15.5 million Friday through Sunday in its third

weekend in theaters.

“The Bad Guys 2” was fourth with \$10.4 million in its second week, followed by “The Naked Gun,” which grossed \$8.3 million, also in its second week.

Rounding out the top 10 domestic releases were “Superman” (\$7.8 million), “Jurassic World Rebirth” (\$4.7 million), “F1 The Movie” (\$2.8 million), “Together” (\$2.6 million) and “Sketch” (\$2.5 million).

This weekend’s overall three-day box office haul was estimated at \$131 million. The year-to-date total is \$5.606 billion -- up 7.6% from the figure at this time last year, according to Comscore.

# BRING THE HEAT TABLESIDE WITH THESE SPICY COOKING TIPS

If you're like many foodies and home cooks today, you're turning up the heat in the kitchen by preparing spicier meals.

Bringing its 136 years of culinary expertise and its position as a leader in heat to the table, the McCormick brand is here to help you add a kick to your egg dishes, soups, sauces, marinades, noodles and more. With the growing popularity of spicy foods, the brand is catering to Americans' preferred heat index levels with two new spice offerings—McCormick Crushed Hatch Chile Pepper (mild; 5k-8k Scoville Units) and McCormick Crushed Thai Style Chili Pepper (hot; 48k-50k Scoville Units). Both offer unbeatable flavor thanks to the FlavorSealed technology, which keeps your herbs and spices as fresh, vibrant and aromatic as the day they were packed.

Need some spicy inspiration? Amplified by long-lasting heat and fruity, earthy undertones, this mouthwatering recipe for Thai Chili Drunken Noodles is a fiery, zesty meal that's quick to make and perfect for any night of the week:

## Ingredients:

- 1 package (14 ounces) Thai Kitchen Stir Fry Rice Noodles
- 3 tablespoons soy sauce, divided
- 2 tablespoons plus 1/2 teaspoon sugar, divided
- 1/2 pound (8 ounces) boneless skinless chicken thighs, cut into thin strips
- 1/4 cup oyster sauce
- 1 tablespoon Thai Kitchen Premium Fish Sauce
- 1 teaspoon McCormick



Crushed Thai Style Chili Pepper, plus more for sprinkling

- 4 tablespoons vegetable oil, divided
- 1 head bok choy, trimmed and thinly sliced, stems and leaves separated
- 1 cup fresh basil leaves or Thai basil leaves

## Directions:

1. Prepare noodles as directed on package. Drain well. Set aside.

2. Meanwhile, mix 1 tablespoon of soy sauce and 1/2 teaspoon of sugar in a medium bowl. Add chicken, mix well. Let stand for 15 minutes. Meanwhile, mix remaining 2 tablespoons each soy sauce and sugar, oyster sauce, fish sauce and Thai Style Chili Pepper in a small bowl. Set aside.

3. Heat 1 tablespoon of the oil in large wok or non-stick skillet on high heat. Add chicken; cook without stirring 1 minute. Stir-fry 2 minutes longer or until chicken is browned

and cooked through. Remove from pan using slotted spoon. Add bok choy stems; stir-fry until lightly browned, about 3 to 5 minutes. Remove from pan.

4. Heat remaining 3 tablespoons of oil in pan on medium-high heat; add noodles and sauce mixture. Stir-fry about 5 minutes or until heated through and noodles have soaked up sauce. Return chicken and bok choy stems to pan; add basil and bok choy leaves, tossing to mix well. Sprinkle with additional Thai Style Chili Pepper to serve, if desired.

For more hot and spicy cooking inspiration and recipes, visit [mccormick.com](http://mccormick.com).

"Americans are exploring new terrain in their cooking, and right now, it's all about dialing up the heat," says Giovanna DiLegge, vice president marketing, NA Consumer at McCormick. "With well-balanced spices, you can add bold flavor to elevate your meals." (State-Point)



## CUCUMBER, TOMATO, & ONION SALAD

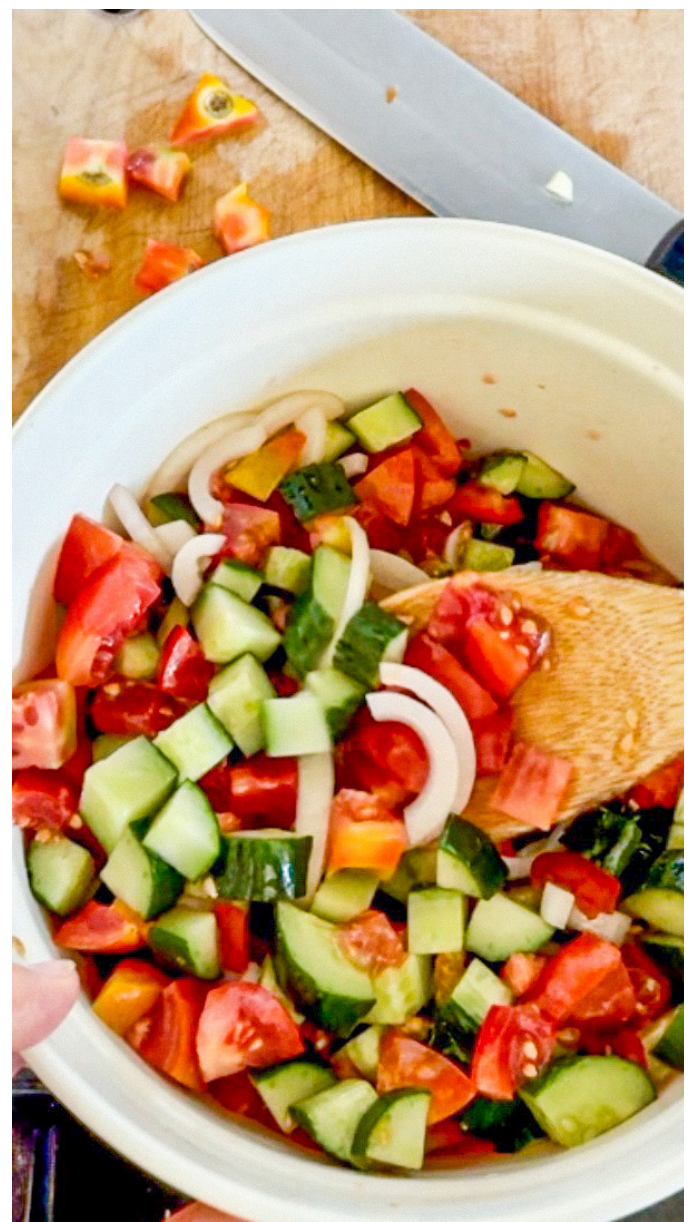
A cucumber, tomato, and onion salad is a great side to any meal. It is especially great with a rich and fatty meat. The acidity of the salad provides the perfect balance to compliment the richness of the meat. Or go the veggie route and pair with a tofu or cauliflower steak. Another option for this salad, and one I found myself indulging in, is to eat it plain for a snack. Idk, go wild. This salad is awesome and I'm sure your loved ones will agree. Serves 4.

## Ingredients

- 1 large cucumber
- 2 cups cherry or grape tomatoes
- 1 small onion, any color
- 3 tablespoons seasoned rice vinegar
- 1 tablespoon sesame oil
- 1 teaspoon salt

## To Make

Slice the tomatoes in half. Cut the onion into half-moons. Cut the cucumber in to half-inch cubes. Place veggies in a bowl and add the vinegar, oil, and salt. Mix. And EAT!



## Composting Helps the Planet. *This Is How to Do It, No Matter Where You Live*

By **CALEIGH WELLS**  
Associated Press

Most of what goes into U.S. landfills is organic waste, ranging from household food scraps to yard trimmings. That's a problem because in that environment, organic waste is deprived of oxygen, which helps break material down.

The result: the release of a lot of methane, a potent greenhouse gas that contributes to global warming.

For people who want someone else to compost their food scraps, some local governments offer curbside pickup. Otherwise, nonprofits, farmers markets and community gardens often fill that gap. Companies in some areas also

will pick up the food waste to be taken away for composting for a fee.

### If you've got a yard

Composting doesn't necessarily require much space. Even 4 square feet — roughly the size of a standard office desk — can do the trick. Common receptacles include open wooden bins or large barrel-shaped tumblers that you can rotate on a metal rod. Free-standing piles also work.

Backyard composting typically relies on microbes to break down the waste, which can bring a pile's temperature up to 130-160 degrees Fahrenheit (54-71 degrees Celsius).

Experts break the composting recipe down into four main

ingredients: water, oxygen, nitrogen-rich "greens" (food scraps, grass clippings) and carbon-rich "browns" (cardboard, dead leaves, shredded paper). Typically compost has two or three times as much "brown" material as "green."

The Environmental Protection Agency recommends against meat, bones, dairy, fats and oils in backyard compost piles because they typically don't get hot enough to fully break them down, and because they're more likely to attract pests. The agency also says to steer clear of treated wood, glossy paper, pet waste and compostable dishware or bags.

The bacteria and fungi feed on the pile of organic waste

and turn it into compost. The finished product looks like moist, dark soil. The EPA says a well-tended pile can produce finished compost in three to five months, while a more passive pile that doesn't reach high temperatures may take up to a year.

### If you lack outdoor space

Composting indoors is possible through what's known as vermicomposting, a process that relies on worms. People can buy premade worm bins, make their own out of untreated wood or use plastic storage bins with a few modifications, according to the EPA. The containers should have tight-fitting lids and keep out the light. Only certain types of worms will work, and they

can be obtained from a worm grower or a neighbor who's already started vermicomposting.

Instead of relying on microbes, worms feed on the carbon- and nitrogen-rich organic matter. They poop out almost-black castings. That's the finished product. The EPA says it takes about three to six months, which can be faster than backyard composting. They can create a more nutritious end product than in traditional compost.

Electric countertop devices that promise to break down food in hours or days don't use the same process. Those devices produce material that can be used in gardens, but should be mixed with soil.

## Ripe

Continued from Page 1

Green peppers can be harvested at any size but are considered fully mature when they turn red. As a bonus, red peppers are sweeter and contain more nutrients.

There isn't such a thing as an unripe cucumber — even small ones are crispy and juicy. The hazard here is allowing them to remain on the vine too long, which can result in an off-putting taste and texture. Cucumbers are

considered mature when their bumpy skin smooths out.

You'll know sweet corn is ready as soon as the silk at the top of its ear turns brown. If you still aren't sure, peel back a small portion of husk and press your nail into a kernel; if it releases a milky fluid, it's ripe.

Cantaloupe will practically harvest itself when the time is right: A light tug will release the melon from its stem. If any force is required, it's not ready.

Honeydew melons are ripe

when their bottoms begin to soften, and watermelons when their undersides turn a creamy white color.

When to unearth root crops

Determining when to dig up root crops can pose a bit more of a challenge, as they can't be visually assessed without disturbing them. But there are some signs to watch for.

You'll know garlic bulbs are mature when all but five leaves at the top of the plant have turned completely yellow or brown.

Onions are ready when their tops flop over and turn brown.

To assess beets, select one plant and push aside the soil at its base to expose the entire top of the root. Harvest when it measures between 1 ½ and 3 inches (3.8 and 5 centimeters) wide, depending on variety. If it's too small, cover it back up, water and try again in a week. Avoid allowing beets to get too big, however, or they'll lose sweetness and turn tough.

Standard potatoes are fully mature when their foliage

dies back. But if it's the so-called "new" potatoes you're after, dig up the thin-skinned babies 2-3 weeks after the plant blooms. Early-maturing potato types will be ready sooner than the standard, so check tags for variety-specific details. (Note: Due to their delicate skin, new potatoes should be consumed immediately, as they do not store well.)

Carrots are ready when they poke up from underground but can be left in the soil, even into winter, until you need them.

## Aging

Continued from Page 3

reality program that lets her work up a sweat while appearing to be in another country and communicating with other

online users.

### One challenge: How to keep up the good work

Researchers will track study participants' health for four more years and the Alzhei-

mer's Association is preparing to translate the findings into local community programs.

### Will people with stick with their new habits?

Jones lost 30 pounds, saw

her heart health improve and feels sharper especially when multitasking. But she hadn't realized her diet slipped when study coaching ended until a checkup spotted rising blood sugar. Now she and an 81-year-old friend from the study are

helping keep each other on track.

The lifestyle change "did not just affect me physically, it also affected me mentally and emotionally. It brought me to a much better place," Jones said.

## Tariffs

Continued from Page 5

with Japan, South Korea and the European Union have tariff rates at 15%. While Indonesia, Malaysia and the Philippines negotiated a 19% rate, Vietnam and Taiwan sat in at 20%.

Beyond these deals, India and Brazil have tariff rates at 50%, Seroka said.

"All this means higher prices, fewer selections and probably lower inventories," Seroka said. "As we look to the back half of this year already, the Ford Motor Company, Procter and Gam-

ble, Walmart, Nike, Mattel and many others have announced price hikes."

Zachary Rogers, an assistant professor of supply chain management at Colorado State University, joined Seroka for Wednesday's briefing. He is a lead author of the Logistics Managers In-

dex, a monthly survey of logistics managers across various industries that serves as a key indicator of industry's expansion or contraction.

The LMI recorded a robust rate of growth in July, driven by movements in inventories and their costs.

"Inventories are very expensive right now," Rogers said, citing tariffs and how much inventory is already present.

"We haven't seen the big price increases yet, but early indicators look like we are going to start seeing those more at the consumer level," he added.

Inflation

Continued from Page 5

Bloomberg News. That same month, Moody’s Investors

Service lowered its outlook on the U.S. credit rating from “stable” to “negative.” However, last May, the service changed the rating again to stable.

STATEMENT OF  
ABANDONMENT OF USE OF  
FICTITIOUS  
BUSINESS NAME  
R-202501900  
The following person(s) has (have)  
abandoned the use of the Fictitious Business  
Name:  
1) HOPE AT THE RANCH LIFE  
ENHANCEMENT CENTER  
2) HOPE AT THE RANCH  
30100 APRICOT AVE, NUEVO, CA 92567  
COUNTY: Riverside  
The Fictitious Business Name referred to  
above was filed in Riverside County on  
02/10/2025.  
FILE NO. R-202501900.  
Full name of Registrant:  
HANK T. WILFONG FOUNDATION  
30100 APRICOT AVE, NUEVO, CA 92567  
This business is conducted by a  
CORPORATION  
I declare that all the information in this  
statement is true and correct. (A registrant  
who declares as true, information which he  
or she knows to be false is guilty of a crime.)  
/s/ LAURENCE A DROUGHN  
This statement was filed with the County  
Clerk of Riverside County on 7/11/2025.  
PETER ALDANA

Schld:96465 Adld:32624 Custld:2054

NOTICE OF TRUSTEE'S SALE T.S. No. 25-  
30038-PMCA Title No. 250058249-CAVOI  
A.P.N. 311-462-012 YOU ARE IN DEFAULT  
UNDER A DEED OF TRUST DATED  
07/02/2020. UNLESS YOU TAKE ACTION  
TO PROTECT YOUR PROPERTY, IT  
MAY BE SOLD AT A PUBLIC SALE.  
IF YOU NEED AN EXPLANATION OF  
THE NATURE OF THE PROCEEDING  
AGAINST YOU, YOU SHOULD CONTACT  
A LAWYER. A public auction sale to the  
highest bidder for cash, (cashier's check(s)  
must be made payable to National Default  
Servicing Corporation), drawn on a state or  
national bank, a check drawn by a state or  
federal credit union, or a check drawn by a  
state or federal savings and loan association,  
savings association, or savings bank  
specified in Section 5102 of the Financial  
Code and authorized to do business in this  
state; will be held by the duly appointed  
trustee as shown below, of all right, title, and  
interest conveyed to and now held by the  
trustee in the hereinafter described property  
under and pursuant to a Deed of Trust  
described below. The sale will be made in  
an "as is" condition, but without covenant or  
warranty, expressed or implied, regarding  
title, possession, or encumbrances, to pay  
the remaining principal sum of the note(s)  
secured by the Deed of Trust, with interest  
and late charges thereon, as provided in  
the note(s), advances, under the terms of  
the Deed of Trust, interest thereon, fees,  
charges and expenses of the Trustee for  
the total amount (at the time of the initial  
publication of the Notice of Sale) reasonably  
estimated to be set forth below. The  
amount may be greater on the day of sale.  
Trustor: Noe Perez Gonzalez and Diana  
Paloma Perez, husband and wife as joint  
tenants Duly Appointed Trustee: National  
Default Servicing Corporation Recorded  
07/08/2020 as Instrument No. 2020-0299004  
(or Book, Page) of the Official Records of  
Riverside County, California. Date of Sale:  
: 08/26/2025 at 9:00 AM Place of Sale: At  
the bottom of the stairway to the building  
located at 849 W. Sixth Street, Corona, CA  
92882 Estimated amount of unpaid balance  
and other charges: \$306,566.11 Street  
Address or other common designation of  
real property: 368 Daylily Drive, Perris, CA  
92571 A.P.N.: 311-462-012 The undersigned  
Trustee disclaims any liability for any  
incorrectness of the street address or other  
common designation, if any, shown above.  
If no street address or other common  
designation is shown, directions to the  
location of the property may be obtained by  
sending a written request to the beneficiary  
within 10 days of the date of first publication  
of this Notice of Sale. If the Trustee is unable  
to convey title for any reason, the successful  
bidder's sole and exclusive remedy shall be  
the return of monies paid to the Trustee, and  
the successful bidder shall have no further  
recourse. The requirements of California  
Civil Code Section 2923.5(b)/2923.55(c)  
were fulfilled when the Notice of Default,

was recorded. NOTICE TO POTENTIAL  
BIDDERS: If you are considering bidding  
on this property lien, you should understand  
that there are risks involved in bidding at  
a trustee auction. You will be bidding on a  
lien, not on the property itself. Placing the  
highest bid at a trustee auction does not  
automatically entitle you to free and clear  
ownership of the property. You should also  
be aware that the lien being auctioned off  
may be a junior lien. If you are the highest  
bidder at the auction, you are or may be  
responsible for paying off all liens senior to  
the lien being auctioned off, before you can  
receive clear title to the property. You are  
encouraged to investigate the existence,  
priority, and size of outstanding liens that  
may exist on this property by contacting the  
county recorder's office or a title insurance  
company, either of which may charge you a  
fee for this information. If you consult either  
of these resources, you should be aware that  
the same lender may hold more than one  
mortgage or deed of trust on the property.  
NOTICE TO PROPERTY OWNER: The  
sale date shown on this notice of sale may  
be postponed one or more times by the  
mortgagee, beneficiary, trustee, or a court,  
pursuant to Section 2924g of the California  
Civil Code. The law requires that information  
about trustee sale postponements be made  
available to you and to the public, as a  
courtesy to those not present at the sale.  
If you wish to learn whether your sale date  
has been postponed, and, if applicable, the  
rescheduled time and date for the sale of  
this property, you may call 800-758-8052  
or visit this internet website www.ndscorp.  
com/sales, using the file number assigned  
to this case 25-30038-PMCA. Information  
about postponements that are very short in  
duration or that occur close in time to the  
scheduled sale may not immediately be  
reflected in the telephone information or on  
the internet website. The best way to verify  
postponement information is to attend the  
scheduled sale. NOTICE TO TENANT\*: You  
may have a right to purchase this property  
after the trustee auction pursuant to Section  
2924m of the California Civil Code. If you  
are a "representative of all eligible tenant  
buyers" you may be able to purchase the  
property if you match the last and highest  
bid placed at the trustee auction. If you  
are an "eligible bidder," you may be able  
to purchase the property if you exceed the  
last and highest bid placed at the trustee  
auction. There are three steps to exercising  
this right of purchase. First, 48 hours after  
the date of the trustee sale, you can call  
888-264-4010, or visit this internet website  
www.ndscorp.com, using the file number  
assigned to this case 25-30038-PMCA to  
find the date on which the trustee's sale was  
held, the amount of the last and highest bid,  
and the address of the trustee. Second, you  
must send a written notice of intent to place  
a bid so that the trustee receives it no more  
than 15 days after the trustee's sale. Third,  
you must submit a bid so that the trustee  
receives it no more than 45 days after the  
trustee's sale. If you think you may qualify as  
a "representative of all eligible tenant buyers"  
or "eligible bidder," you should consider  
contacting an attorney or appropriate real  
estate professional immediately for advice  
regarding this potential right to purchase.  
Pursuant to Section 2924m of the California  
Civil Code, the potential rights described  
herein shall apply only to public auctions  
taking place on or after January 1, 2021,  
through December 31, 2025, unless later  
extended. Date: 07/17/2025 National  
Default Servicing Corporation c/o Tiffany  
& Bosco, P.A., its agent, 1455 Frazee  
Road, Suite 820 San Diego, CA 92108 Toll  
Free Phone: 888-264-4010 Sales Line  
800-758-8052; Sales Website: www.ndscorp.  
com Connie Hernandez, Trustee Sales  
Representative A-4848251 08/01/2025,  
08/08/2025, 08/15/2025

Schld:96468 Adld:32625 Custld:64

TS No: CA07000453-25-1-HC APN: 320-  
110-050 No To: 250265148-CAVOI NOTICE  
OF DEFAULT AND FORECLOSURE  
SALE WHEREAS, on January 25, 2007,  
a certain Deed of Trust was executed by  
LIDIA G LOPEZ, A WIDOW as Trustor in  
favor of SEATTLE MORTGAGE COMPANY  
as Beneficiary and NORTHWEST  
TRUSTEE SERVICES, INC as Trustee,  
and was recorded on January 31, 2007, as  
Instrument No. 2007-0072451 in the Office

The Federal Reserve’s Open  
Market Committee increased  
its benchmark, or target,  
lending rate in spring 2022  
to soak up excess liquidity,  
though the FOMC stopped

of the County Recorder, Riverside County,  
California; and WHEREAS, the Deed of Trust  
was insured by the United States Secretary  
of Housing and Urban Development (the  
Secretary) pursuant to the National Housing  
Act for the purpose of providing single family  
housing; and WHEREAS, the beneficial  
interest in the Deed of Trust is now owned  
by the Secretary, pursuant to an assignment  
dated October 21, 2020, and recorded  
on October 23, 2020, as Instrument No.  
2020-0512713, in the office of the County  
Recorder, Riverside County, California; and  
WHEREAS, a default has been made in the  
covenants and conditions of the Deed of  
Trust in that the payment due on October  
9, 2024, was not made and remains wholly  
unpaid as of the date of this notice, and no  
payment has been made sufficient to restore  
the loan to currency; and WHEREAS, the  
entire amount delinquent as of July 15,  
2025 is estimated to be \$462,222.51; and  
WHEREAS, by virtue of this default, the  
Secretary has declared the entire amount  
of the indebtedness secured by the Deed of  
Trust to be immediately due and payable;  
NOW THEREFORE, pursuant to powers  
vested in me by the Single Family Mortgage  
Foreclosure Act of 1994, 12 U.S.C. 3751 et  
seq., by 24 CFR part 27, subpart B, and by  
the Secretary's designation of MTC Financial  
Inc. dba Trustee Corps as Foreclosure  
Commissioner, recorded on January 21,  
2016, as Instrument No. 2016-0022111,  
notice is hereby given that on September  
2, 2025 at 09:00 AM, local time, all real and  
personal property at or used in connection  
with the following described premises  
("Property") will be sold at public auction to  
the highest bidder. Commonly known as:  
401 LASSA WAY, PERRIS, CA 92571 LOT  
66 AND THE WEST 30.00 FEET OF LOT  
67 OF TRACT NO. 20211, IN THE CITY  
OF PERRIS, COUNTY OF RIVERSIDE,  
STATE OF CALIFORNIA, AS PER MAP  
RECORDED IN BOOK 210 PAGE(S) 1  
THROUGH 8 INCLUSIVE OF MAPS, IN THE  
OFFICE OF THE COUNTY RECORDER  
OF SAID COUNTY. EXCEPT THEREFROM  
ALL OIL, GAS, MINERALS AND OTHER  
HYDROCARBON SUBSTANCES LYING  
BELOW THE SURFACE OF SAID LAND,  
BUT WITHOUT THE RIGHT OF SURFACE  
ENTRY, AS RESERVED OR GRANTED  
IN DOCUMENTS OF RECORD. The  
sale will be held in the courtyard of the  
Historic Corona Civic Center, 815 W Sixth  
St, Corona, CA 92882. The Secretary of  
Housing and Urban Development will bid  
\$469,990.21. There will be no proration of  
taxes, rents or other income or liabilities,  
except that the purchaser will pay, at or  
before closing, his prorata share of any  
real estate taxes that have been paid by  
the Secretary to the date of the foreclosure  
sale. When making their bids, all bidders  
except the Secretary must submit a deposit  
totaling \$46,999.02 [10% of the Secretary's  
bid] in the form of a certified check or  
cashier's check made out to the Secretary  
of HUD. A deposit need not accompany  
each oral bid. If the successful bid is oral,  
a deposit of \$46,999.02 must be presented  
before the bidding is closed. The deposit  
is nonrefundable. The remainder of the  
purchase price must be delivered within  
30 days of the sale or at such other time  
as the Secretary may determine for good  
cause shown, time being of the essence.  
This amount, like the bid deposits, must  
be delivered in the form of a certified or  
cashier's check. If the Secretary is the  
highest bidder, he need not pay the bid  
amount in cash. The successful bidder  
will pay all conveying fees, all real estate  
and other taxes that are due on or after  
the delivery date of the remainder of the  
payment and all other costs associated  
with the transfer of title. At the conclusion  
of the sale, the deposits of the unsuccessful  
bidders will be returned to them. The  
Secretary may grant an extension of time  
within which to deliver the remainder of the  
payment. All extensions will be for 15-day  
increments for a fee of \$500.00, paid in  
advance. The extension fee shall be in  
the form of a certified or cashier's check  
made payable to the Secretary of HUD.  
If the high bidder closes the sale prior to  
the expiration of any extension period, the  
unused portion of the extension fee shall be  
applied toward the amount due. If the high  
bidder is unable to close the sale within the  
required period, or within any extensions  
of time granted by the Secretary, the high  
bidder may be required to forfeit the cash

hikes in fall 2023 and last  
year initiated gradual cuts,  
bringing the rate down to  
roughly 4.5% on the belief  
that inflation had been tamed.

deposit or, at the election of the foreclosure  
commissioner after consultation with the  
HUD representative, will be liable to HUD  
for any costs incurred as a result of such  
failure. The Commissioner may, at the  
direction of the HUD representative, offer  
the property to the second highest bidder  
for an amount equal to the highest price  
offered by that bidder. There is no right of  
redemption, or right of possession based  
upon a right of redemption, in the mortgagor  
or others subsequent to a foreclosure  
completed pursuant to the Act. Therefore,  
the Foreclosure Commissioner will issue a  
Deed to the purchaser(s) upon receipt of the  
entire purchase price in accordance with the  
terms of the sale as provided herein. HUD  
does not guarantee that the property will be  
vacant. The scheduled foreclosure sale shall  
be cancelled or adjourned if it is established,  
by documented written application of the  
mortgagor to the Foreclosure Commissioner  
not less than 3 days before the date of  
sale, or otherwise, that the default or  
defaults upon which the foreclosure is  
based did not exist at the time of service of  
this notice of default and foreclosure sale,  
or all amounts due under the mortgage  
agreement are tendered to the Foreclosure  
Commissioner, in the form of a certified or  
cashier's check payable to the Secretary of  
HUD, before public auction of the property  
is completed. The amount that must be  
paid if the mortgage is to be reinstated  
prior to the scheduled sale is \$462,222.51  
as of July 15, 2025, plus all other amounts  
that would be due under the mortgage  
agreement if payments under the mortgage  
had not been accelerated, advertising costs  
and postage expenses incurred in giving  
notice, mileage by the most reasonable  
road distance for posting notices and for the  
Foreclosure Commissioner's attendance at  
the sale, reasonable and customary costs  
incurred for title and lien record searches,  
the necessary outofpocket costs incurred  
by the Foreclosure Commissioner for  
recording documents, a commission for  
the Foreclosure Commissioner, and all  
other costs incurred in connection with the  
foreclosure prior to reinstatement. Tender  
of payment by certified or cashier's check or  
application for cancellation of the foreclosure  
sale shall be submitted to the address of  
the Foreclosure Commissioner provided  
below. Date: 7/15/2025 Rosenda Cardenas,  
Authorized Signatory MTC Financial Inc. dba  
Trustee Corps Foreclosure Commissioner  
17100 Gillette Ave, Irvine, CA 92614  
Phone: 949-252-8300 Fax: 949-252-8330  
SALE INFORMATION CAN BE OBTAINED  
ONLINE AT www.insourcelogic.com FOR  
AUTOMATED SALES INFORMATION  
PLEASE CALL: In Source Logic AT 702-659-  
7766 Order Number 114607, Pub Dates:  
08/01/2025, 08/08/2025, 08/15/2025, THE  
PERRIS PROGRESS

Schld:96535 Adld:32648 Custld:669

File No.: R-202508664  
FICTITIOUS BUSINESS NAME  
STATEMENT  
THE FOLLOWING PERSON(S) IS (ARE)  
DOING BUSINESS AS:  
1. PARAGON SYSTEMS INTEGRATION  
30550 BAYPORT LANE, MENIFEE, CA  
92584  
Riverside County  
Full Name of Registrant:  
1. THOMAS L THOMPSON 30550  
BAYPORT LANE MENIFEE, CA 92584  
This Business is conducted by: INDIVIDUAL.  
The registrant commenced to transact  
business under the fictitious business name  
or names listed above on: 6/2021.  
I declare that all information in this statement  
is true and correct. (A registrant who  
declares information as true any material  
matter pursuant to Section 17913 of  
Business and Professions Code that the  
registrant knows to be false is guilty of a  
misdemeanor punishable by a fine not to  
exceed one thousand dollars (\$1,000).)  
/S/THOMAS L THOMPSON  
NOTICE - In accordance with subdivision  
(a) of Section 17920, a fictitious name  
statement generally expires at the end of  
five years from the date on which it was  
filed in the office of the county clerk, except,  
as provided in subdivision section 17920,  
where it expires 40 days after any change in  
the facts set forth in the statement pursuant  
to section 17913 other than a change in  
residence address or registered owner. A

The committee decided to  
leave rates unchanged in  
July, citing uncertainties.  
However, many Wall Street  
analysts are now betting rate  
cuts will begin anew this fall.

Public Notices

new fictitious business name statement must  
be filed before the expiration. The filing of  
this statement does not of itself authorize the  
use in this state of a fictitious business name  
in violation of the rights of another under  
Federal, State, or Common Law (see section  
14411 ET SEQ., Business and Professions  
Code).  
THIS STATEMENT WAS FILED WITH  
THE COUNTY CLERK OF Riverside ON  
7/15/2025.  
PETER ALDANA

Schld:96547 Adld:32651 Custld:2054

File No.: R-202509119  
FICTITIOUS BUSINESS NAME  
STATEMENT  
THE FOLLOWING PERSON(S) IS (ARE)  
DOING BUSINESS AS:  
1. SOLAR MANAGEMENT SERVICES LLC  
26413 JEFFERSON AVE, STE D,  
MURRIETA, CA 92562  
Riverside County  
MAILING ADDRESS: PO BOX 910,  
PERRIS, CA 92572  
Full Name of Registrant:  
1. SOLAR MANAGEMENT SERVICES  
LLC 26413 JEFFERSON AVE, STE D  
MURRIETA, CA 92562  
This Business is conducted by: LIMITED  
LIABILITY COMPANY.  
The registrant commenced to transact  
business under the fictitious business name  
or names listed above on: N/A.  
I declare that all information in this statement  
is true and correct. (A registrant who  
declares information as true any material  
matter pursuant to Section 17913 of  
Business and Professions Code that the  
registrant knows to be false is guilty of a  
misdemeanor punishable by a fine not to  
exceed one thousand dollars (\$1,000).)  
/S/LIDIA GONZALEZ  
NOTICE - In accordance with subdivision  
(a) of Section 17920, a fictitious name  
statement generally expires at the end of  
five years from the date on which it was  
filed in the office of the county clerk, except,  
as provided in subdivision section 17920,  
where it expires 40 days after any change in  
the facts set forth in the statement pursuant  
to section 17913 other than a change in  
residence address or registered owner. A  
new fictitious business name statement must  
be filed before the expiration. The filing of  
this statement does not of itself authorize the  
use in this state of a fictitious business name  
in violation of the rights of another under  
Federal, State, or Common Law (see section  
14411 ET SEQ., Business and Professions  
Code).  
THIS STATEMENT WAS FILED WITH  
THE COUNTY CLERK OF Riverside ON  
7/23/2025.  
PETER ALDANA

Schld:96554 Adld:32653 Custld:2054

APN: 350-221-046 / 350-221-047 TS  
No.: 25-09351CA TSG Order No.:  
250167022-CAVOI NOTICE OF TRUSTEE  
SALE UNDER DEED OF TRUST YOU ARE  
IN DEFAULT UNDER A DEED OF TRUST  
DATED OCTOBER 6, 2021. UNLESS  
YOU TAKE ACTION TO PROTECT  
YOUR PROPERTY, IT MAY BE SOLD  
AT A PUBLIC SALE. IF YOU NEED AN  
EXPLANATION OF THE NATURE OF  
THE PROCEEDING AGAINST YOU, YOU  
SHOULD CONTACT A LAWYER. Affinia  
Default Services, LLC, as the duly appointed  
Trustee, under and pursuant to the power of  
sale contained in that certain Deed of Trust  
Recorded October 18, 2021 as Document  
No.: 2021-0614712 of Official Records  
in the office of the Recorder of Riverside  
County, California, executed by: Eloy  
Jose Luna, married man as his sole and  
separate property, as Trustor, will be sold  
AT PUBLIC AUCTION TO THE HIGHEST  
BIDDER for cash (payable in full at time of  
sale by cash, a cashier's check drawn by a  
state or national bank, a check drawn by  
a state or federal credit union, or a check  
drawn by a state or federal savings and  
loan association, savings association, or  
savings bank specified in section 5102 of  
the Financial Code and authorized to do  
business in this state). All right, title and  
interest conveyed to and now held by it  
under said deed of trust in the property  
situated in said county and state, and as  
more fully described in the above referenced

deed of trust. As more fully described in the attached legal description. See Exhibit A. Sale Date: August 26, 2025 Sale Time: 9:00 AM Sale Location: In the courtyard, of the Historic Corona Civic Center, 815 W Sixth St, Corona, CA 92882 2 File No.:25-09351CA The street address and other common designation, if any, of the real property described above is purported to be: 23554 Kennedy Ln, Menifee, CA 92587. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, towit: \$63,721.13 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, (916) 939-0772 for information regarding the trustee's sale or visit this internet website, www.nationwideposting.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 25-09351CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916) 939-0772, or visit this internet website www.nationwideposting.com, using the file number assigned to this case 25-09351CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. 3 File No.:25-09351CA If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. For Pre Sale Information Log On To: www.nationwideposting.com or Call: (916) 939-0772. For Post Sale Results please visit www.affinidefault.com or Call (866) 932-0360 Dated: July 18, 2025 By: Omar Solorzano Foreclosure Associate Affinia Default Services, LLC 301 E. Ocean Blvd., Suite 1720 Long Beach, CA 90802

(833) 290-7452 4 File No.:25-09351CA  
LEGAL DESCRIPTION EXHIBIT A LOT 72 AND 73 OF BLOCK A, TRACT NO. 1, LAKE ELSINORE LODGE, IN THE CITY OF MENIFEE, COUNTY OF RIVERSIDE, STATE OF CALIFORNIA, IN BOOK 12 ON PAGE(S) 27 IN THE OFFICE OF THE COUNTY RECORDER OF SAID COUNTY. NPP0476832 To: PERRIS PROGRESS 08/01/2025, 08/08/2025, 08/15/2025

Schld:96569 Adld:32658 Custld:2221  
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NOTICE OF PETITION TO ADMINISTER ESTATE OF GRANT KIM  
Case No. PRRI2502217  
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of GRANT KIM  
A PETITION FOR PROBATE has been filed by Lucia Valadez Cazares in the Superior Court of California, County of RIVERSIDE.

THE PETITION FOR PROBATE requests that Lucia Valadez Cazares be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on August 28, 2025 at 8:30 AM in Dept. No. 12 located at 4050 Main St., Riverside, CA 92501.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:  
CYNTHIA VELASCO ESQ  
SBN 306140  
GREENACRE LAW LLP  
700 FLOWER ST  
STE 1000  
LOS ANGELES CA 90017  
CN119286 KIM Aug 8,15,22, 2025

Schld:96603 Adld:32669 Custld:2235  
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Job No. P25-109  
NOTICE INVITING SEALED PROPOSALS (BIDS) PUBLIC NOTICE

SECTION 1 – NOTICE OF BIDS

The CITY OF PERRIS invites online bids on Planet Bids, until 2:00 P.M. (PST), on August 25, 2025, for tree trimming, tree maintenance, general arborist inspection, and maintain an updated tree inventory of trees within the City right of way in a thorough and professional manner, and to provide all labor, tools, equipment, traffic control, materials and supplies necessary to complete in a timely manner that will meet the City's requirements. This is a prevailing wage project.

In order to be considered in the selection process, interested parties shall submit their Proposals online up to the time mentioned above. Late proposals will not be accepted.

The specifications are available online to download through the Planet Bids website which can also be accessed through the City of Perris website: (https://www.cityofperris.

org/ourcity/cityhall/bidsrfps). All Bidders will be required to hold their original bid prices, without change, for a period of forty-five (45) days from the date bids are opened, except to the extent relief is available pursuant to Public Contract Code, Section 5100 et. seq.

The successful bidder will have one hundred and twenty (120) working days from the mandatory start of work date for each maintenance grid with the first being November 3, 2025, to fully complete all Work. Award of Contract is expected on September 9, 2025.

The last day to submit technical inquiries shall be August 19, 2025 , by 2:00 P.M. (PST). All inquiries shall be submitted through Planet Bids. All addenda shall be posted on the City website and contractors are to check the site during the bidding process. All addenda are to be acknowledged for a valid bid.

There is a Mandatory PreConstruction meeting on October 6, 2025 at 9:00 A.M.

The City reserves the right to reject any and all bids and waive informalities, irregularities in the bidding. All contractors will be required to comply with all applicable Equal Opportunity laws and regulations. The City hereby notifies all bidders that it will affirmatively ensure that, in regard to this advertisement, minority business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award. Moreover, the City will not discriminate against any person or firm interested in providing goods or services to the City on the basis of race, color, religion, sex, marital status, national origin, age, veteran's status or handicap. Bidders are advised that it has been determined that DBE's could reasonably be expected to compete for opportunities on this project, and that there is likely a certain percentage of availability on this project. The City also advises that participation of DBE's in the specific percentage is not a condition of award.

Schld:96606 Adld:32670 Custld:1759  
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TS No: 126141-CA APN: 326-231-003 NOTICE OF DEFAULT AND FORECLOSURE SALE WHEREAS, on 6/27/2005, a certain Mortgage Deed of Trust was executed by PEDRO MAGANA AND VIRGINIA MAGANA, HUSBAND AND WIFE as trustor in favor of SEATTLE MORTGAGE COMPANY as beneficiary, and was recorded on 7/7/2005, as Instrument No. 2005-0542643, in the Office of the Recorder of Riverside County, California; and WHEREAS, the Mortgage Deed of Trust was insured by the United States Secretary of Housing and Urban Development (the Secretary) pursuant to the National Housing Act for the purpose of providing single family house; and WHEREAS, the beneficial interest in the Mortgage Deed of Trust is now owned by the Secretary, pursuant to an assignment dated 2/27/2023, recorded on 3/6/2023, as instrument number 2023-0063648, in the office of Riverside County, California; and WHEREAS, a default has been made in the covenants and conditions of the Mortgage Deed of Trust in that the payment due upon the death of the borrower(s) was not made and remains wholly unpaid as of the date of this notice, and no payment has been made sufficient to restore the loan to currency; and WHEREAS, the entire amount delinquent as of 7/28/2025 is \$323,436.37; and WHEREAS, by virtue of this default, the Secretary has declared the entire amount of the indebtedness secured by the Mortgage Deed of Trust to be immediately due and payable; NOW THEREFORE, pursuant to powers vested in me by the Single Family Mortgage Foreclosure Act of 1994, 12 U.S.C. 3751 et seq., by 24 CFR part 27, subpart B, and by the Secretary's designation of me as Foreclosure Commissioner, recorded 2/22/2018, as Instrument No. 2018-0065722, notice is hereby given that on 9/10/2025 at 9:00 AM local time, all real and personal property at or used in connection with the following described premises ("Property") will be sold at public auction to the highest bidder: Legal Description: LOT 12 OF BLOCK G. OF PERRIS HEIGHTS ESTATES, IN THE CITY OF PERRIS, COUNTY OF RIVERSIDE, STATE OF CALIFORNIA, AS SHOWN BY MAP ON FILE IN BOOK 14, PAGES 72, 73, AND 74 OF MAPS, IN THE OFFICE OF THE COUNTY RECORDER OF SAID COUNTY. Commonly known as: 817 GERONIMO RD, PERRIS, CA 92570 The sale will be held at: AT THE FRONT STEPS TO THE ENTRANCE OF THE FORMER CORONA POLICE DEPARTMENT, 849 W. SIXTH STREET, CORONA, CA 92882 Per the Secretary of Housing and Urban

JOB NO. P25-114

PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the City Council of the City of Perris will hold a Public Hearing on Tuesday, September 9, 2025, at 6:30 pm, in the City Council Chambers, 101 North "D" Street, Perris, California, to consider the levying of assessments and the annexation of CUP 18-05248 to Benefit Zone 163, City of Perris Flood Control Maintenance District Number 1 pursuant to the provisions of the Benefit Assessment Act of 1982, consisting of Chapter 6.4 of Part 1 of Division 2 of Title 5 of the California Government Code (the "Act").

The assessments are to be used for the maintenance of flood control facilities that benefit properties within Benefit Zone 163. The total annual assessment levied on the benefiting property is \$875.62.

The assessments will be collected by the County of Riverside as part of the annual property tax levy.

NOTICE IS HEREBY FURTHER

GIVEN that pursuant to the Act, including Section 54716 thereof, the City's Assessment Engineer has filed a copy of the Engineer's Report describing the proposed assessments, is on file with the City Clerk and is available for public inspection.

Interested persons may contact John Pourkazemi, City Engineer, Office of the City Engineer, City of Perris, 101 North "D" Street, Perris, CA 92570, (951) 943-6504, for additional information.

BE ADVISED THAT if you challenge the levying of assessments in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Clerk's Office, 101 North "D" Street, Perris, California, 92570, at or prior to the public hearing.

Nancy Salazar  
City Clerk

Development, the estimated opening bid will be \$329,258.01. There will be no proration of taxes, rents or other income or liabilities, except that the purchaser will pay, at or before closing, his pro rata share of any real estate taxes that have been paid by the Secretary to the date of the foreclosure sale. When making their bids, the winning bidders with the exception of the Secretary must submit a deposit totaling ten percent (10%) of the Secretary's estimated bid amount in the form of a certified check or cashier's check made payable to the undersigned Foreclosure Commissioner. Ten percent of the estimated bid amount for this sale is \$32,925.80. A deposit need not accompany each oral bid. If the successful bid is oral, a deposit of \$32,925.80 must be presented before the bidding is closed. The deposit is nonrefundable. The remainder of the purchase price must be delivered within 30 days of the sale or at such other time as the Secretary may determine for good cause shown, time being of the essence. This amount, like the bid deposits, must be delivered in the form of a certified or cashier's check. If the Secretary is the highest bidder, he need not pay the bid amount in cash. The successful bidder will pay all conveying fees, all real estate and other taxes that are due on or after the delivery date of the remainder of the payment and all other costs associated with the transfer of title. At the conclusion of the sale, the deposits of the unsuccessful bidders will be returned to them. The Secretary may grant an extension of time within which to deliver the remainder of the payment. All extensions will be for 15 day increments for a fee of: \$500.00, paid in advance. The extension fee shall be in the form of a certified or cashiers check made payable to the Secretary of HUD. If the high bidder closes the sale prior to the expiration of any extension period, the unused portion of the extension fee shall be applied toward the amount due. If the high bidder is unable to close the sale within the required period, or within any extensions of time granted by the Secretary, the high bidder may be required to forfeit the cash deposit or, at the election of the Foreclosure Commissioner after consultation with the HUD representative, will be liable to HUD for any costs incurred as a result of such failure. The Commissioner may, at the direction of the HUD representative, offer the property to the second highest bidder for an amount equal to the highest price offered by that bidder. There is no right of redemption, or right of possession based upon a right of redemption, in the mortgagor or others subsequent to a foreclosure completed pursuant to the Act. Therefore, the Foreclosure Commissioner will issue a Deed to the purchaser(s) upon receipt of the entire purchase price in accordance with the terms of the sale as provided herein. HUD does not guarantee that the property will be vacant. The scheduled foreclosure sale shall be cancelled or adjourned if it is established, by documented written application of the mortgagor to the Foreclosure Commissioner not less than 3 days before the date of sale,

or otherwise, that the default or defaults upon which the foreclosure is based did not exist at the time of service of this notice of default and foreclosure sale, or all amounts due under the mortgage agreement are tendered to the Foreclosure Commissioner, in the form of a certified or cashier's check payable to the Secretary of HUD, before public auction of the property is completed. The amount that must be paid if the Mortgage Deed of Trust is to be reinstated prior to the scheduled sale is based on the nature of the breach, this loan is not subject to reinstatement. A total payoff is required to cancel the foreclosure sale or the breach must be otherwise cured. A description of the default is as follows: FAILURE TO PAY THE PRINCIPAL BALANCE AND ANY OUTSTANDING FEES, COSTS, AND INTEREST WHICH BECAME ALL DUE AND PAYABLE BASED UPON THE DEATH OF ALL MORTGAGORS. Tender of payment by certified or cashier's check or application for cancellation of the foreclosure sale shall be submitted to the address of the Foreclosure Commissioner provided below. Date: July 28, 2025 CLEAR RECON CORP Foreclosure Commissioner By: Hamsa Uchi Title: Foreclosure Supervisor 3333 Camino Del Rio South, Suite 225 San Diego, California 92108 Phone: (858) 750-7777 Fax No: (858) 412-2705

Schld:96616 Adld:32674 Custld:670  
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NOTICE OF PETITION TO ADMINISTER ESTATE OF: GRACE RAMIREZ AKA GRACIELA ISABEL CERDA RAMIREZ  
CASE NO. PRRI2502231  
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of GRACE RAMIREZ AKA GRACIELA ISABEL CERDA RAMIREZ. A PETITION FOR PROBATE has been filed by JUAN CARLOS RAMIREZ in the Superior Court of California, County of RIVERSIDE. THE PETITION FOR PROBATE requests that JUAN CARLOS RAMIREZ be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held in this court as follows: 09/02/25 at 8:30AM in Dept. 11 located at 4050 MAIN STREET, RIVERSIDE, CA 92501 IF YOU OBJECT to the granting of the petition, you should appear at the hearing

and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner  
ALAN D. DAVIS - SBN 81783,  
LAW OFFICE OF ALAN D. DAVIS  
1323 N. BROADWAY  
SANTA ANA CA 92706  
Telephone (714) 614-0422  
BSC 227235  
8/8, 8/15, 8/22/25  
CNS-3954174#  
PERRIS PROGRESS

Schld:96620 Adld:32675 Custld:61  
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TSG No.: 902283816 TS No.: CA2500291905  
APN: 457-414-012 Property Address: 25812 RANCH HOUSE RD HOMELAND, CA 92548  
NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 06/20/2024. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 09/03/2025 at 01:00 P.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 06/26/2024, as Instrument No. 2024-0185672, in book , page , of Official Records in the office of the County Recorder of RIVERSIDE County, State of California. Executed by: ALEXANDRA GONZALES CERDA AND MICHAEL JOHN DOAN, WIFE AND HUSBAND, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) In the courtyard, of the Historic Corona Civic Center 815 W Sixth St, Corona, CA 92882 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 457-414-012 The street address and other common designation, if any, of the real property described above is purported to be: 25812 RANCH HOUSE RD, HOMELAND, CA 92548 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$ 570,250.48. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest

bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 or visit this internet website www.Auction.com, using the file number assigned to this case CA2500291905 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction if conducted after January 1, 2021, pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 855-976-3916, or visit this internet website https://www.auction.com/sb1079, using the file number assigned to this case CA2500291905 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid, by remitting the funds and affidavit described in Section 2924m(c) of the Civil Code, so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 FOR TRUSTEES SALE INFORMATION PLEASE CALL 800-280-2832NPP0477277 To: PERRIS PROGRESS 08/08/2025, 08/15/2025, 08/22/2025

Schld:96624 Adld:32677 Custld:2221  
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T.S. No.: 2025-00686 APN: 336-296-006  
Property Address: 29668 Calle Tomas, Menifee, CA 92586NOTICE OF TRUSTEE'S SALEYOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/13/2021. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably

estimated to be set forth below. The amount may be greater on the day of sale. Trustor: John Lange, A Single Man Duly Appointed Trustee: Sokolof Remtulla Recorded 5/17/2021 as Instrument No. 2021-0303607 in book --, page -- of Official Records in the office of the Recorder of Riverside County, California, Date of Sale: 9/2/2025 at 9:00 AM Place of Sale: At the bottom of the stairway to the building located at 849 W. Sixth Street, Corona, CA 92882Amount of unpaid balance and other charges: \$442,753.58 Street Address or other common designation of real property: 29668 Calle Tomas Menifee, CA 92586A.P.N.: 336-296-006The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 1-800-758-8052 or visit this internet website www.Xome.com or www.sokrem.com OR www.sokrem.com using the file number assigned to this case 2025-00686. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANTS: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 1-800-758-8052 or visit this internet website www.Xome.com or www.sokrem.com OR www.sokrem.com using the file number assigned to this case 2025-00686 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 8/1/2025 Sokolof Remtulla2301 Dupont Drive, Suite 505Irvine, CA 92612Sale Line: 1-800-758-8052 Deziray Scotia, Junior Trustee Sale Officer EPP 44703 Pub Dates 08/08, 08/15, 08/22/2025

Schld:96627 Adld:32678 Custld:2244  
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NOTICE TO CREDITORS OF BULK SALE (SECS. 6104, 6105 U.C.C.)  
Escrow No.: FSSE-6032501658  
Notice is hereby given to the Creditors of: Pavon Insurance Agency, Inc., a California Corporation, Seller(s), whose mailing address(es) is: 501 S. Reino Road Ste I PMB 332, Newbury Park, CA 91320 whose business address(es) is: 486

Delwood Court, Newbury Park, CA 91320. that a bulk transfer is about to be made to: Princessa Insurance Services Inc., a California Corporation, Buyer(s) whose business(es) address: 17911 Toucan Street, #102, San Francisco, CA 91340 The property to be transferred is located at: 486 Delwood Court, Newbury Park, CA 91320. Said property is described in general as: All stock in trade, fixtures, equipment, goodwill and other property of that Allstate Insurance Agency business known as Pavon Insurance Agency, and a Virtual Office located at: 486 Delwood Court, Newbury Park, CA 91320. The bulk sale is intended to be consummated at the office of: FIDELITY NATIONAL TITLE COMPANY. 1671 East Monte Vista Ave, Ste. 218, Vacaville, CA 95688. The bulk transfer will be consummated on or after the 09/03/25. The bulk transfer is subject to Section 6106.2 of the California Commercial Code. if Section 6106.2 applies, claims may be filed at FIDELITY NATIONAL TITLE COMPANY, Escrow Division, Escrow No. FSSE-6032501658TG, 1671 East Monte Vista Ave, Ste. 218, Vacaville, CA 95688, Phone: (707) 449-3472, Fax: (707) 471-4128. The bulk transfer does NOT include a liquor license transfer. All claims must be received at this address by the 09/02/25. So far as known to the Buyer(s), all business names and addresses used by the Seller(s) for the three (3) years last past, if different from the above, are: NONE IN WITNESS WHEREOF, the undersigned have executed this document on the date(s) set forth below.  
By: Fidelity National Title Company as Escrow Agent for the herein Buyer  
/S/ Tiffany Galindez  
Date: August 11, 2025  
8/15/25  
CNS-3957383#  
PERRIS PROGRESS

Schld:96701 Adld:32708 Custld:61  
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NOTICE OF FIRST AMENDED PETITION TO ADMINISTER ESTATE OF MARTHA B FISHER  
Case No. PRR12501132  
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of MARTHA B FISHER.  
A FIRST AMENDED PETITION FOR PROBATE has been filed by EDDIE CARLOS FISHER in the Superior Court of California, County of Riverside.  
THE FIRST AMENDED PETITION FOR PROBATE requests that EDDIE CARLOS FISHER be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.  
A HEARING on the petition will be held on 9/3/2025 at 10:00am in Department 12 located at 4050 Main St, Riverside, CA 92501.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Eddie Carlos Fisher  
7715 Willow Ave

Riverside CA 92504  
Phone: (442)-599-7914NOTICE OF FIRST AMENDED PETITION TO ADMINISTER ESTATE OF MARTHA B FISHER  
Case No. PRR12501132  
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of MARTHA B FISHER.  
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THE PETITION FOR PROBATE requests that EDDIE CARLOS FISHER be appointed as personal representative to administer the estate of the decedent.

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Eddie Carlos Fisher  
7715 Willow Ave  
Riverside CA 92504  
Phone: (442)-599-7914

Schld:96706 Adld:32711 Custld:2467  
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Order To Show Cause For Change of Name  
Case No. CVMV2503258  
To All Interested Persons: Daniel Ernesto Ribera Gomez filed a petition with this court for a decree changing names as follows:  
1 PRESENT NAME:  
Emma Mariel Ribera  
PROPOSED NAME:  
Emma Mariel Ribera Reynaga  
The Court Orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
Notice Of Hearing  
Date: 9/12/2025 Time: 8:00am Dept. MV2.  
The address of the court is SUPERIOR COURT OF CALIFORNIA  
County of Riverside, Moreno Valley Court 13800 Heacock Avenue D201  
Moreno Valley, CA 92553  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:  
Riverside  
Date: 7/25/2025  
Jason B. Galkin  
Riverside Superior Court

Schld:96709 Adld:32712 Custld:1746

# KEEPING WORK FROM SPOILING A VACATION TAKES PLANNING AND THE RIGHT PHONE SETTINGS

By CATHY BUSSEWITZ  
Associated Press

NEW YORK (AP) — For their 15th wedding anniversary, Katie Walley-Wiegert and her husband decided to take a beach vacation with their young son. But the trip didn't go as planned. Walley-Wiegert wound up needing to pack her computer because of a work assignment she couldn't ignore.

The 38-year-old marketing professional had just landed a podcast interview for an executive she worked with, and he had a short window to prepare. As she labored away through most of the vacation, she regretted not being present for her toddler's introduction to the ocean.

"I know my husband and my son are having this once-in-a-lifetime first experience, and I am missing it," Walley-Wiegert said. "And it's heartbreaking in some regards, because that first will never come again."

Navigating the line between work time and personal time is tricky for a lot of people. With laptop computers and smartphones making it possible to log in anytime to do work from anywhere, many find it hard to disconnect even when they take vacations.

"It doesn't take much to just quickly answer an email on your phone or just quickly open up the laptop whilst you're lying next to the pool," said Marais Bester, an occupational psychologist in the Netherlands, and senior consultant at SHL, a talent acquisition and management platform. "You get your company-issued phone, you get your company-issued laptop, and there is an expectation to some extent to respond as quickly as possible."

The compulsion to keep working while on vacation can be so strong that some people carve out time by feigning illness as an excuse to skip group outings, said Amy Biedenstein, senior vice president at human resources software and

services company Dayforce.

"There's starting to be some pressure from families, too, to say, 'Hey, we need you to be focused and with us when we're on vacation,' so I think people are feeling increasingly like they have to hide it," Biedenstein said.

With the Northern Hemisphere's summer vacation season in full swing, experts offer practical advice for setting boundaries with work during your time off.

## Getting ready for a vacation

Once you have your vacation dates set, let teammates know when you plan to be off. Make sure your time off is booked on your office's electronic calendar, which can reduce the number of work requests you receive while you're out, Biedenstein said.

For many people, getting ready for vacation means working late the night before to finish time-sensitive tasks that can't wait until they're back. Try starting earlier. Assessing what needs to get done a week in advance may help reduce last-minute cramming.

You can also block off the afternoon before you leave to tie up loose ends and your first day back in the office to catch up, said time management and productivity coach Alexis Haselberger. Set the automatic replies on your email, Slack and other apps to say you're not checking messages and will respond the week of your return instead of your first day back, Haselberger advised.

If it's not possible to be completely out of touch, schedule times to check in on work and let co-workers know what those times will be. You also can share your preferred way to be contacted in the event of an emergency.

When Biedenstein's children were little, she sometimes used evenings to work when she had to during family vacations. The time on task made her mind churn to the point she had trouble sleeping. Bieden-

stein shifted to waking up early and getting in an hour of work before breakfast.

"Once the family was up and moving, that was my cue that work is over and now it's family time," she said.

Leaving work starts with your phone

Amanda Olsen, a reporter for the Times Review Newsgroup on Eastern Long Island, doesn't mind answering occasional questions from work when she is taking a staycation to get things done around the house.

When she and her family take backpacking and multi-day canoeing trips in the Adirondacks, Olsen, 47, turns off her cellphone's alerts and notifications. To further make the most of the time outdoors, Olsen sometimes camps in locations with no phone reception.

"Part of that is to disconnect more thoroughly from the world and work," she said.

Some people recommend leaving work phones behind entirely during vacations. Others temporarily delete work apps such as Slack or email from their phones, although they may need help from tech support to reinstall the apps when they return.

If being unreachable is not an option, set a time to check work emails and notifications once in the morning, and then leave the phone behind for the rest of the day.

"It's really easy to take that work phone and set it down somewhere and walk away from it," Biedenstein said.

## Time off starts at the top

Pressure to perform turns work into an obsession for some people, especially if they're concerned about getting a promotion, Bester said. One coping strategy is a "quiet vacation" — traveling to a vacation destination discreetly but checking email regularly and doing some amount of work.

"You know you need to take a vacation, you know your body desperately needs the rest, but you still might keep up appearances ... or there's a culture which expects you to always be on," Bester said.

One way to improve the chances of vacationing without interruptions is to put a structured plan in place to hand off projects to colleagues, he said. Leaders can encourage those steps.

A manager or executive who immediately answers calls and emails, or checks in with employees instead of unplugging while on vacation, sends the message that the people working under them should do the same.

"When leadership models good behavior, when leadership can take a break and disconnect, then we see employees follow suit," Biedenstein said.

Employers also can show a workplace that recognizes the importance of time off, as well as a commitment to workers who struggle to pay for vacations, by offering corporate discount programs for airlines or cruises, Biedenstein said.

## The benefits of a pause

Taking a clear break to recharge, refocus and take your mind off the daily stresses of the workplace is extremely healthy, Bester said.

"Just to zone out, go into your sort-of nothing box or do something that's pleasurable, you know, spending time with loved ones," he said. "All of those things have major benefits from a psychological well-being perspective."

After work intruded on her wedding anniversary trip, Walley-Wiegert plans to go back to the same beach with her family. This time, as someone who now works as a freelancer, she's setting her own rules. She let her current and potential clients know that she'd be offline for a few days.

"This is my take two," she said.