

LAPD LOOKS TO QUELL ‘MISINFORMATION’ IN DEATH OF LAKE ELSinORE TEEN FOUND IN SINGER D4VD’S TESLA

LOS ANGELES (CNS) - Los Angeles police sought again Tuesday to quell what it calls “misinformation” contained in recent media coverage of the investigation into the death of a teenage girl whose body was found in the trunk of a Tesla registered to singer D4vd.

In a statement, the Los Angeles Police Department’s elite Robbery- Homicide Division also insisted that its recent move to obtain a court order placing the Medical Examiner’s Office investigation into Celeste Rivas Hernandez’s cause of death under seal was intended ensure detectives are provided with key information before it is publicly released.

“The order was not sought to undermine transparency,” according to the statement.

On Monday, county Chief Medical Examiner Dr. Odey Ukpo issued a statement criticizing the



Celeste Rivas Hernandez

imposition of a “security hold” on the investigation, saying he is committed to ensuring “full transparency” about the office’s work.

“Since becoming the department head, I’ve worked on eradicating the practice of placing security holds on Medical Examiner cases simply by law enforcement request,” Ukpo said. “The practice of security holds is virtually unheard of in other counties and has not been proven to improve outcomes in the legal system.”

See Celeste Page 11



D4vd



BY MALENA CAROLLO,
CalMatters

With California electric rates stuck at nearly the highest in the nation, the state’s utility regulator is poised to lower the payout shareholders can receive from California’s three large investor-owned power companies.

In a proposed decision, the California Public Utilities Commission recommended dropping the “return on equity” by 0.35% each for Pacific Gas & Electric, Southern California Edison and San Diego Gas & Electric. If approved, shareholders of all three companies would see a potential return next year of just under 10%. Such returns for PG&E and Edison

haven’t dipped below double digits in at least 20 years.

Utilities said the decline would affect their ability to bring in needed investment for their work. Critics of the decision said that the decline is too small to meaningfully impact ratepayers’ bills, even if it’s a step in the right direction.

“California and other [public utility commissions] authorize rates of return that are far in excess of the statutory requirement,” said Mark Ellis, former chief economist at Sempra, which owns San Diego Gas & Electric.

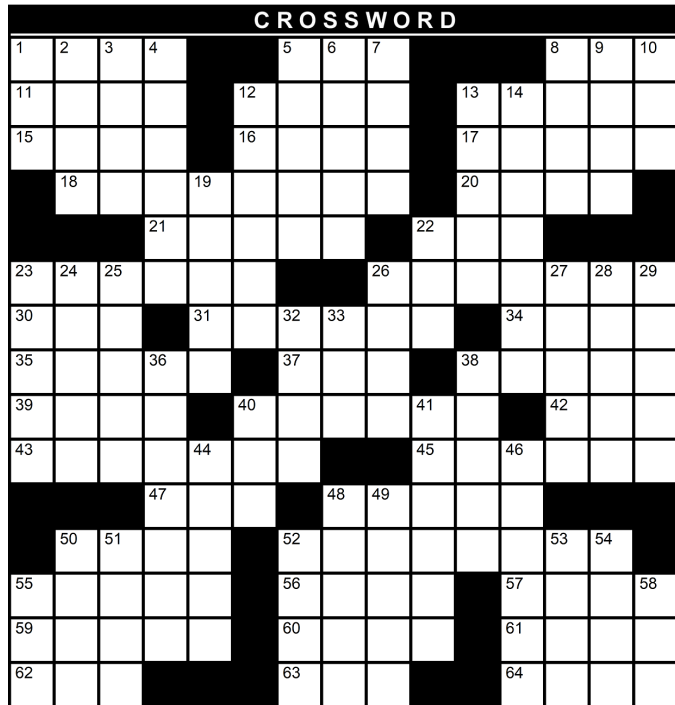
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SIMMER POT

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STATEPOINT MEDIA THEME: HAPPY HOLIDAYS

ACROSS

1. Shapeless form
5. Hot springs resort
8. Not square
11. Private theater box
12. Relating to ear
13. Rome's Colosseum, e.g.
15. I ____ you so!
16. *The opposite of a store the day before Christmas?
17. *"Auld Lang Syne" poet
18. *Partridge's perch (2 words)
20. Vegas numbers
21. New Zealand's indigenous people
22. Fuss
23. Tabby's favorite herb
26. More so than swell
30. Big-headedness
31. Resembling an ape
34. John Wayne Gacy's ____ the Clown
35. Photographer Dorothea of "Migrant Mother" fame
37. Type or kind
38. Like a sheep after a haircut
39. D'Artagnan's weapon

of choice

40. Superlative of #33
42. U.S. central bank
43. Wilma and Fred's hometown
45. *Latke's main ingredient
47. Word of possibility
48. Turning token taker
50. Exclamation of sorrow
52. * ____ Odbody of "It's a Wonderful Life"
55. Raspberry drupelets
56. Sainly glow
57. Letter opener
59. Hunts for food
60. Banana leftover
61. Guesstimate phrase
62. *Color on a Kwanzaa flag
63. Not divisible by two
64. Scholarship criterion

DOWN

1. Deli acronym
2. Chicago's central district, with The
3. Gawk at
4. Wish harm upon, arch.
5. One of The Beatles
6. Pileus, pl.

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Street Racer Who Allegedly Fled Cops, Caused Fatal Crash to Stand Trial

RIVERSIDE (CNS) - A 23-year-old motorist who allegedly fled from California Highway Patrol officers trying to catch him for illegally racing on an Inland Empire freeway and collided with a big rig, fatally injuring the trucker, will stand trial for murder and other offenses.

Modesto Daniel Carpio of San Jacinto allegedly killed 55-year-old Stephen Palacios of Rancho Cucamonga in April.

Following a preliminary hearing Friday afternoon, Riverside County Superior Court Judge Charles Koosed found there was sufficient evidence to bound Carpio over for trial on the murder count, as well as felony evading and engaging in an illegal speed contest.

The judge scheduled a post-preliminary hearing arraignment for Dec. 23 at the Riverside Hall of Justice. The defendant is free on a \$500,000 bond.

According to the California Highway Patrol, on the night of April 13, motorists on the eastbound Pomona (60) Freeway near Euclid Avenue in Ontario called 911 to report several freeway lanes obstructed by organizers of a street race.

Officer Rodrigo Jimenez said patrol vehicles reached the location moments later, at which point Carpio was quickly identified as one of the alleged racers, prompting a patrol unit to signal

See Racing Page 16

7. "The Road Runner" corporation
8. Group of cows
9. Bed-and-breakfast alternative, pl.
10. *"The Nutcracker" step
12. Certain cephalopod, pl.
13. It's sometimes humble
14. *Chuck Berry's "Run, ____, Run"
19. Reason to strike
22. Grass bristle
23. Famous one, slangily
24. Open-mouthed
25. Like a well-defined muscle
26. Hot alcoholic beverage
27. Washing sponge

28. Type of heron
29. Rondeau, alt. sp.
32. *Santa's beverage of choice
33. Not well
36. *Original home of Christmas tannenbaum
38. Fur shawl
40. Extremely unfriendly
41. Plane trick
44. Reprieve in a desert
46. Muscle to bone connector
48. Skidded
49. Weighed
50. 4,840 square yards
51. Told an untruth
52. Head of family

53. Wrap in waxy cloth
54. Comfort
55. Financing acronym
58. Stewart of "Maggie May" fame

SOLUTION TO THIS WEEKS PUZZLE



Building an Emergency Fund Can Feel Daunting, but These Tips Can Help

By ADRIANA MORGA
Associated Press

NEW YORK (AP)— Maybe your car broke down, your computer was stolen, or you had a surprise visit to urgent care. Emergencies are inevitable, but you can prepare to deal with them by building an emergency fund.

“There are so many things that happen in our lives that we don’t expect and most of them require financial means to overcome,” said Miklos Ringbauer, a certified public accountant.

The industry standard is to save three to six months of expenses in an emergency fund. However, this can feel daunting if you live paycheck to paycheck or if you have debt. But if you’re in either of these situations, it’s even more crucial to build a financial safety net that can help you in times of crisis.

“Emergency funds allow you to prevent further debt,” said Jaime Eckels, certified financial planner and wealth management leader for Plante Moran Financial Advisors.

Suppose you’re paying multiple credit cards and other loans. In that case, Rachel Lawrence, head of advice and planning for Monarch Money, a financial planning and budgeting app, recommends that you make the minimum payments while you build your emergency fund. Once you’ve hit an amount that feels right for your lifestyle, you can go back and continue tackling your debt more aggressively.

Whether you want to start an emergency fund or create better habits while you save, here are some expert recommendations:



AP Photo/Wong Maye-E

Start with small milestones

The idea of saving for three to six months’ worth of expenses can be daunting, so it’s best to start with a smaller milestone. Lawrence recommends starting with a goal of saving \$1,000, then moving on to save one, three, and six months of expenses.

The way you approach this goal can vary depending on your income and your budget. But starting with small, attainable goals can help you build an emergency fund without feeling financially strained.

“Starting small is okay. Even if it’s \$20 right out of your paycheck, those small things can add up,” Eckels said.

She recommends building your emergency fund in a separate account from your regular savings account, ideally a high-yield savings account, which offers a higher interest rate than a traditional savings account.

Decide on the appropriate amount for your life

Knowing how much to save for your emergency fund depends on your life situation. Lawrence suggests

you gauge your own financial responsibilities to estimate how much your ideal emergency fund should be.

For single professionals with no significant financial responsibilities, such as a mortgage or a car, the amount might be \$2,000 to \$3,000. At the same time, people with children and several pets might aim to save for six months’ expenses.

“There’s no one-shoe-fits-all solution. Everybody is different, especially if you have variable expenses on a monthly basis,” Ringbauer said.

Lawrence recommends that self-employed people maintain two emergency funds: one to buffer low-income months and another for true emergencies. To build your buffer account, Lawrence recommends setting aside some money during high-earning months.

“You set that amount aside in your buffer account until you have two or three months of the amount that you want, she said. “Because that way any month where you have less money, you go pull from the buffer and it’s no big deal.”

Automate your savings

Eckels recommends setting up automatic savings as a low-effort way to build your emergency fund.

Scheduling your savings to be withdrawn from your bank account as soon as your paycheck arrives is an effective way to build a savings habit without having to transfer the money manually.

“I always tell people if it was never in your bank account, you never had it, right?” Eckels added.

She also recommends that her clients open a separate account, one that isn’t at the same bank as their checking account, so they aren’t tempted to transfer the money in a non-emergency.

Make it visual

As you’re making progress towards your emergency fund goal, making it visual can help you stay motivated, according to Lawrence.

She recommends getting creative with how you track your progress, ideally with a method that brings you joy.

“You want your brain to get rewarded as often as possible when you’re see-

ing a bunch of progress,” she said.

Some options to make your progress visual include drawing a thermometer-like tracker and keeping it updated as you advance toward your goal, documenting your progress on a habit-building tracker on your phone, or using a budgeting app with a tracking tool.

Save windfalls

If your budget is really tight and you don’t have much wiggle room to set aside money for an emergency fund, Lawrence recommends saving windfalls.

“Unexpected chunks of money that maybe you weren’t expecting, like tax refunds or getting a third paycheck when you normally get paid twice a month, or a bonus, those are your best ways to make progress when you’re tight otherwise,” said Lawrence.

In general, Lawrence recommends that people keep 10% of their windfall for themselves and the rest for their emergency fund. With that breakdown, you can both save and feel rewarded by the unexpected income.

If you use it, don’t feel guilty

Chances are that an emergency will happen, and when it does, you don’t need to feel guilty for using your emergency fund, Lawrence said. Instead, it’s best to think about how you’ve achieved your goal of building a financial safety net for yourself.

“You wouldn’t feel bad about using your down payment to buy a house, you wouldn’t feel bad about saving for retirement, actually to retire,” Lawrence said.

The Education Department Is Dismantling. Here's What That Means

By COLLIN BINKLEY
and ANNIE MA AP
Education Writers

WASHINGTON (AP) — The Education Department is breaking off several of its main offices and giving their responsibilities to other federal agencies, an early look at how President Donald Trump could fulfill his campaign pledge to close the department entirely.

Offices that serve the nation's schools and colleges would go to departments ranging from Labor to Interior. Education officials say the moves won't affect the money Congress gives states, schools and colleges. They didn't say whether current department staff would keep their jobs.

Since he took office, Trump has called for the dismantling of the Education Department, saying it has been overrun by liberal thinking. Agency leaders have been making plans to parcel out its operations to other departments, and in July the Supreme Court upheld mass layoffs that halved the department's staff.

In recent days, Education Secretary Linda McMahon has started a public campaign for the end of her department, making the case on social media that Education's grantmaking and question-answering

functions could be better handled by states and other federal agencies.

While the necessity of the department is up for debate, it's also unclear how well-equipped other state and federal departments are to take over the Education Department's responsibilities. The department sends billions of dollars to schools and colleges and helps decipher complex federal laws. It will be a test for the administration: Can the department be shut down smoothly, or will rural and low-income kids and students with disabilities — the populations that most rely on federal education support — be impacted?

Here's what the Education Department currently handles, where its responsibilities will go to other federal agencies and what will stay the same.

Money for schools and colleges

While American schools are funded primarily by state and local money, the Education Department serves as a conduit for billions of dollars of federal aid going to state and local education agencies.

Education officials say that money will continue to be awarded as allocated by Congress, but much of

it will flow from another federal agency. Most notably, the Department of Labor will oversee some of the largest federal funding streams for schools and colleges, including Title I money for schools serving low-income communities. Adult education programs already were moved to Labor in June.

Another deal will put Health and Human Services in charge of a grant program for parents who are attending college. The State Department will take on money to fund foreign language programs. Interior will oversee programs supporting Native American education.

Federal student loans

One of the department's major roles is management of the \$1.6 trillion federal student loan portfolio. Student aid so far will be largely unaffected, although McMahon and Trump have suggested it could be better handled by a different federal department.

Pell Grants and federal loans will continue to be disbursed, and student loan borrowers must continue making payments on their debts.

The website for the Free Application

for Student Aid, or FAFSA, remains open — a key piece of how colleges and universities provide aid packages to incoming students. The Education Department will continue to handle support for people navigating the complicated form.

The Education Department also will continue to oversee another major part of higher education: accreditation, which allows colleges to accept students' federal financial aid.

Students with disabilities

For now, the department will continue to distribute money to schools to provide educational support for students with disabilities, though McMahon has suggested this function could move to the Department of Health and Human Services.

The Education Department also oversees investigations into

schools and universities alleged to have violated disability rights law, along with other civil rights violations such as discrimination involving sex, race and shared ancestry.

Those responsibilities will remain with the department for now, although McMahon has suggested sending them to the Department of Justice.

In any case, since the mass layoffs in March, the Office for Civil Rights has operated under a significantly reduced footprint. The department's civil rights branch lost about half of its staff. The cuts raised questions about whether the office would be able to shrink a backlog of complaints from students who allege they have experienced discrimination on the basis of race, sex or disability status.

The department's own data has shown a decline in resolving civil rights cases, while new complaints from families have increased.



Racing

Continued from Page 2

him to pull over.

Jimenez alleged the defendant floored his Infiniti sports car, attempting to elude the unit, heading south into Riverside County via Interstate 15.

"Carpio accelerated to speeds exceeding 100 mph and transitioned onto the westbound 91," Jimenez said. "While fleeing at high speed, the Infiniti collided with a semi truck hauling a trailer east of Lincoln Avenue (in Corona). The impact forced the semi into a freeway sound wall and ejected the driver."

Palacios was found in grave condition by Corona Fire Department paramedics. He was taken to Riverside Community Hospital, where he died an hour later.

His passenger, whose name was not disclosed, suffered moderate injuries and was taken to the same hospital. He has since recovered.

Carpio, who was alone in the Infiniti, was not hurt. He was taken into custody without incident and booked into jail.

CHP Capt. Sal Suarez said at the time that the fatal collision "underscores why the CHP remains committed to pursuing and prosecuting those who endanger

lives through reckless behavior."

Carpio has no documented prior felony convictions in Riverside County.

It was unclear whether investigators ever tracked down other participants in the alleged street race.

How to Support the Military Community During the Holiday Season

During the holiday season, Americans look forward to spending time with family. But thousands of service members will be spending the holidays deployed overseas – far away from their families and loved ones.

The USO supports service members throughout their deployments. Here is how USO Holidays programming delivers a piece of home to them, along with ideas for how you can get involved:

1. Care Packages: A care package might seem small in light of the challenges of deployment, but for many service members, they're a reminder that they're not forgotten by Americans back home. In addition to the contents of a standard USO Care Package, such as snacks or toiletries, USO Holidays Care Packages have festive treats and goodies, such as holiday candies, cozy socks and warm beanies, helping bridge the gap between home and the frontlines. This year, the USO will deliver thousands of holiday packages to service members deployed around the globe.

2. Holiday Traditions: Giv-

ing up treasured family traditions can be difficult. That's why USO Centers and USO Mobile teams host holiday meals for service members and their families, complete with special treats ranging from pumpkin and sweet potato pie to hot cocoa bars. The USO's annual Cookie Week celebrates the time-honored tradition of baking and decorating cookies, putting service members and military families in the holiday spirit wherever they are located. Other seasonal programming can include tree decorating, arts and crafts, holiday-themed movie nights and ugly sweater competitions.

Through these activities, service members stationed far from home can still make holiday memories. Bringing everyone together on special days fosters camaraderie and positivity, and provides a welcome break from the demands of military life.

3. Connections to Home. Staying connected to family during the holidays can be challenging for service members stationed overseas. The USO Reading Program enables deployed service members to record t h e m -

selves reading a book to their child. Then, the recording and a copy of the book are sent to that service member's family.

4. Travel Support. As most people know, holiday travel can be especially taxing. Thousands of service members and trainees from military installations across the country participate in the Holiday Block Leave period, many traveling through some of the busiest airports in the United States to be with their families during the holidays. USO airport centers can alleviate some of that stress by providing a place to relax and unwind before the next leg of their journey.

To learn more about these programs and how to support them, and for ideas on how to reach out to the military community to express your thanks during the holidays and throughout the year, visit USO.org.

The holiday season can be an especially tough time of year for military families. Thankfully, anyone can get involved in the effort to help connect service members to the traditions and people they love back home. (StatePoint)



UNLOCK HOLIDAY CHEER: 5 DIY DECORATING TIPS TO SPARK JOY THIS SEASON

Research shows that everyday surroundings can make an impact on your overall mood—and when is a better time to foster some happiness than the holiday season? From warming up your space with cozy details to mastering the art of a quick room refresh, the right décor sets the tone for making magical, mood-boosting memories during the holidays.

Follow these simple, budget-friendly tips from Duck brand to create a warm, festive space that brings the spirit of the season to life.

Tip #1: Lay a cozy foundation. Make small, intentional swaps in your living space to create coziness in cold weather. Rather than harsh overhead lighting, drape glowing strand lights from the ceiling, and line tables and counters with battery-powered tapered candles. Play soft, seasonal music anywhere by using removable, double-sided tape to mount mini speakers; toss a couple extra blankets over the sofa to promote snuggling (bonus points if they're in red or green!); and leave a stack of seasonal books or movies in

sight to encourage unwinding in the living room.

Tip #2: Pile on personal touches. Science says that decorating with handcrafted pieces can evoke a sense of both accomplishment and connection. Display beloved childhood holiday crafts and family heirlooms, like ornaments or glassware. Then, carve out time to make your own unique focal point. With a little imagination and duct tape, you can DIY your own Instagram-worthy decor. Consider cutting red and green Color Duck Tape into letter shapes to personalize a festive banner for your fireplace, then use duct tape to make holiday-themed frames to display family photos from over the years.

Tip #3: Refresh your hosting hotspot. For family and friends who are visiting over the holidays, cement your kitchen as a go-to gathering space with a quick makeover. Cheer up countertops with a display of holiday mugs, hang festive towels and spruce up cabinet shelves and other surfaces with removeable, patterned



A Medley of Tech Gifts for Everyone on Your Holiday Shopping List

By SHAWN CHEN AP
Technology Writer

NEW YORK (AP) — It's the most wonderful time of the year, unless you want to find the perfect gifts for tech lovers.

There's a lot of slop to sift through as we get closer to the holidays, many interests to appeal to and a whole bunch of deals-that-aren't-deals flashing before our screens. So here's a guide — and some sales — to help you get started on your gift shopping journey.

For your gamers

The Nintendo Switch 2 was the biggest and most anticipated console launch of 2025, and if history is any indication, it will be increasingly harder to find as Christmas approaches. But for the gamers in your life — both young and adult — this is the gift to get.

Nintendo's Black Friday deals for the console and games have been announced but the best bang for your buck may be the console bundles. The Switch 2 is

still available as just the console only for \$449 or bundled with Mario Kart World for \$499. A new \$499 bundle is now available where the console is packaged with Pokémon Legends: Z-A. Games retail for about \$70 a piece, so you do save a little with bundles.

Need a new iPhone?

The iPhone Air and iPhone 17 Pro Max captured the headlines this year when the new lineup launched, but the base iPhone 17 received an upgraded camera (telephoto lens), more base storage and a longer battery life. Given the price for this model hasn't changed, you're straight up getting more tech for the same price. If your gift recipient's current iPhone is a few generations behind, this is a good time to consider an upgrade.

What about AI? The iPhone 17 doesn't make as many leaps into the technology as its predecessor, but the new iOS and processor prepares the phone for any advancements that may come in 2026. The iPhone 17 retails

at \$800.

Or maybe you'd like a foldable phone?

If you or someone in your life has ever been curious about a foldable phone, consider Samsung's newest Galaxy Z Fold 7 model. This phone solves many of the issues users have been concerned about since fold phones hit the market: It's much thinner and lighter than its predecessors — 0.17 inches thick when unfolded and less than half an inch folded — and it weighs slightly less than half a pound, impressive considering they boosted the size of all the screens.

But the price of a fold phone remains steep compared to the flagship iPhone and Galaxy devices. The Z Fold 7 currently is running a sale on its site but normally retails starting at \$1,999.

Planning to shoot more video or pictures?

For anyone interested in doing more filming or photography with their mobile device, this supremely por-

Crafts

Continued from Page 5

shelf liner like EasyLiner Removeable Adhesive Shelf Liner. For a non-committal DIY that lasts only as long as you want it to, use the weathered wood pattern on a backsplash or kitchen island to add charming texture.

Tip #4: Engage the senses. Select seasonal scents to infuse into your surroundings. For a DIY alternative to candles, boil water with aromatic ingredients, like cinnamon sticks, cloves, orange slices and vanilla, in

a simmer pot for a nostalgic scent, or place bags of dried pinecones in bathroom and coat closets. And of course — baking cookies will create a fantastic aroma in your home, too.

Tip #5: Bring the spirit outside. As you make your holiday updates, don't forget about the exterior. Try adding simple touches to high-traffic areas, like placing decorative trees or poinsettias on the porch, hanging a wreath on the front door, tying garlands to beams or hanging lights on the patio or garage. (StatePoint)

table tripod by SelfieShow offers solid stability even when extended to its max height of 71 inches. The mounting arm also offers a wide array of positioning for shooters on the go. And the rig can collapse into a retractable selfie stick for even more functionality and portability.

This portable tripod retails for \$19.99.

Recording clearer audio

For aspiring influencers, podcasters or vloggers in your life, try these wireless microphones by Hollyland. The Lark M2 Wireless Microphone mics are easy to use, have good range and do well in filtering out background noise. You can easily attach these to clothes for interviews or even hold them for the tiny mic lifestyle. Best of all, it comes with two mics per order.

These mics are currently on sale for \$76.

There's always someone who wants a TV

For those TV lovers who just want a little more for their gaming or cinematic experience, consider Samsung's S90F OLED TV. This higher-end TV offers excellent contrast, colors and Ethernet performance.

It also can act as a giant monitor if you want to plug your PC/gaming console into it, offering VRR support up to 144Hz on all four of its HDMI ports. For those who like to add sound systems or other peripherals to their TV, it also offers an additional three USB-A ports and one USB-C port.

Normally this TV retails around \$1,800, but an on-going holiday promo (until Dec. 1) puts it, at 55 inches, at \$1,199.99.

Typing on the go

Portability is core to the Logitech Pebble 2 wireless keyboard and mouse combo. This minimalist and highly functional offering by Logitech will satisfy on-the-go users who are looking for a silent, but still tactile, Bluetooth mouse and keyboard. It also offers a one-tap, multi-device switching option if you've already paired it with said devices — which include Android tablets and Apple iPads in addition to laptops — a great feature if you're multitasking.

The combo comes in several colors and retails for \$49.99. If you're OK with black, Walmart has a deal for \$42.

FRIDAY, November 28, 2025

Today in History:

Today is the 332nd day of 2025.
There are 33 days left in the year.

Country star Dolly Parton sings on stage during a Grand Ole Opry live broadcast in Nashville, Tenn., April 23 as U.S. soldiers watch the show via a video feed in Iraq.



By Associated Press

Today in history:

On Nov. 28, 1925, the Grand Ole Opry (known then as the WSM Barn Dance) debuted on radio station WSM in Nashville, Tennessee; it continues today as the longest-running radio broadcast in U.S. history.

Also on this date:

In 1520, Portuguese navigator Ferdinand Magellan reached the

Pacific Ocean after passing through the South American strait that now bears his name.

In 1942, fire engulfed the Cocoanut Grove nightclub in Boston, killing 492 people in the deadliest nightclub blaze ever.

In 1943, President Franklin D. Roosevelt, British Prime Minister Winston Churchill and Soviet leader Josef Stalin met in Tehran, Iran, for the first time to discuss Allied coop-

eration during World War II.

In 1961, halfback Ernie Davis of Syracuse University became the first Black college football player to be named winner of the Heisman Trophy.

In 1964, the United States launched the space probe Mariner 4 on a course toward Mars, which it flew past in July 1965, sending back pictures of the red planet.

In 2001, Enron Corp., once the world's

largest energy trader, collapsed after would-be rescuer Dynegy Inc. backed out of an \$8.4 billion takeover deal. (Enron filed for bankruptcy protection four days later.)

In 2022, Payton Gendron, a white gunman who massacred 10 Black people at a Buffalo supermarket, pleaded guilty to murder and hate-motivated terrorism charges in an agreement that gave him life in prison without parole.

Simmer Pots- A Beautiful Natural Aroma

By Mia Rotell

Embrace the holiday by welcoming guests and loved ones with warm aromas and a beautiful decorative kitchen piece. Simmer pots are a natural substitute for candles and other air fresheners. They make ingredients, like oranges, apples, and cinnamon sticks bloom in the heat and fill a

home with what artificial sprays attempt to do. Each combination of ingredients emits a different fragrance — making it perfect for any occasion.

What You'll Need:

- An old pot (one that isn't used anymore)
- Water (can be from a sink)
- A stove

How to Do It:

Step 1: Fill up an old pot, or a simmer pot, a little over halfway full with water

Step 2: Put desired objects, oranges, cloves, cinnamon sticks, etc, into the water.

Step 3: Turn on the burner to medium-low and let it sit (make sure to refill it with

water when it gets low)

Step 4: When finished, turn the heat off and cover the pot. It'll be ready for the next use. (Can use one batch 2-4 times).

Different Combinations:

Orange Spice

- 3 cinnamon sticks
- 1 tsp. of whole cloves
- 3 whole star anise
- 1 whole orange, sliced (slice size doesn't matter)

Apple Spice

- 2 apples, sliced (slice size

doesn't matter)

- 4 cinnamon sticks
- 1 ½ tsp. of whole cloves
- 1 tsp. of vanilla extract

Holiday Cheer

- 1 ½ oranges, sliced
- 1 apple, sliced
- 1 ½ - 2 tsp. whole cloves
- 5 whole star anise
- 3 cinnamon sticks

Tip: Cinnamon sticks and cloves can be found in the Mexican spice section at the grocery store. Star of anise can be found, if not at the grocery store, at most Asian food stores!

WICKED FOR GOOD

By Bob Garver

Previously, in “Wicked”

Aspiring witches, green-skinned outcast Elphaba (Cynthia Erivo) and pink-and-popular Glinda (Ariana Grande), started off as enemies at school, but then became friends. They decided to go their separate ways after discovering a plan by the nefarious Wizard (Jeff Goldblum) to blame and punish animals for problems in the Land of Oz. The Wizard and henchwoman Madame Morrible (Michelle Yeoh) tried to have Elphaba captured and silenced because she learned that The Wizard had no real magical power. Fortunately, Elphaba did have magical powers and escaped the Emerald City on a broomstick, though The Wizard and Morrible quickly spread rumors throughout Oz that she was a Wicked Witch.

When we rejoin “Wicked,” Elphaba is still on the run, helping out animals when she can and trying to think of a way to expose The Wizard as a fraud. Her disabled sister Nessarose (Marissa Bode) is now governor of Munchkinland,

with reluctant boyfriend Boq (Ethan Slater) as her favorite servant. Love interest Fiyero (Jonathan Bailey, recently named PEOPLE’s Sexiest Man Alive) is captain of The Wizard’s guards, tasked with hunting down Elphaba, but secretly determined to assist his old flame. As for Glinda, she’s been made a “Good Witch” by The Wizard and Morrible, a sort of magical superhero to balance out the Wickedness of Elphaba, at least in the public’s eyes. She isn’t exactly Wicked herself, but she has been seduced into complicity by the perks and popularity that come with the position. She even unwittingly gives Morrible the idea to do the most Wicked deed of all.

If last year’s “Wicked” served as a sort of prequel to “The Wizard of Oz,” then “Wicked: For Good” serves as a sort of parallel piece. It’s not an even split – there’s plenty of prequel-y stuff here too, but a never-fully-seen Dorothy shows up at about the half-way mark, and we see what was happening offscreen while that literary and cinematic classic unfolded. It all leads up to a devastating splash from a bucket of water that ties into the Munchkinland celebration from the beginning of the first movie.

Frankly, all the “running parallel to ‘The Wizard of Oz’” stuff is a huge detriment to both the stage and screen versions of “Wicked.” Characters’ attitudes, motivations, and loyalties turn on a dime just to accommodate the way those characters behaved in the more familiar story. Then there’s the huge plot hole of characters interacting in these movies despite ostensibly meeting one another for the first time during Dorothy’s walk down the Yellow Brick Road (a certain brainless wonder should have received more recognition than he was ever given). The whole practice makes the story a mess, though the movie is only following the stage musical’s lead, while admirably tightening up a detail or two.

Another area where the new film tries to fix a deficiency with the stage show is with its musical numbers. The stage version is so front-loaded with memorable songs that disappointingly little is saved for the second half. The film knows that audiences won’t stand for such a dull second installment, so it has added two new songs: Elphaba’s attempt to rally her animal friends with the familiar adage that “There’s No



Place Like Home,” and Glinda taking a long hard look in the mirror (or rather, somewhat-reflective sphere) in “The Girl in the Bubble.” They’re admirable efforts, but neither is as memorable as the stage show’s “No Good Deed” or the titular “For Good,” themselves paling in comparison to the best songs from the first movie.

“Wicked: For Good” is a relative step down from “Wicked,” but it justifies its existence better than fans feared it would when it was first announced that the adaptation would be split into two movies. And

it’s still a grand, ambitious, passionately-performed spectacle. I can say that the underwhelming second half of the stage musical has been changed for the better, and because it’s been shown some much-needed love, it has been changed “For Good.”

Grade: B-

“Wicked: For Good” is rated PG for action/violence, some suggestive material and thematic material. Its running time is 137 minutes.

Contact Bob Garver at rrg251@nyu.edu.

‘Wicked: For Good’ Opens with \$150 Million to Lead Box Office

LOS ANGELES (CNS) - “Wicked: For Good” is drawing huge crowds to movie theaters this weekend as expected, opening with \$150 million to easily lead all films in North America, according to industry estimates released Sunday.

The second part of director Jon M. Chu’s two-part adaptation of the long-running Broadway smash scored the second-best opening weekend of 2025 behind “A Minecraft Movie,” which grossed more than \$200 million when it opened on April 4. “Wicked: For Good” also broke the

record for biggest opening of a Broadway film adaptation, surpassing its predecessor, “Wicked,” which opened to \$112 million in 2024.

In a distant second place was “Now You See Me: Now You Don’t,” which grossed \$9.1 million one week after opening in first place, Comscore reported.

“Predator: Badlands” claimed third place with \$6.2 million Friday through Sunday in its third week in theaters.

“The Running Man” continued its disappointing run in theaters by falling to fourth place in just its second weekend, grossing \$5.8 million.

The comedic drama “Rental Family,” starring Brendan Fraser, opened in fifth place with \$3.3 million.

Rounding out the top 10 domestic releases were “Sisu: Road to Revenge” (\$2.6 million), “Regretting You” (\$1.5 million), “Nuremberg” (\$1.2 million), “Black Phone 2” (\$1 million) and “Sarah’s Oil” (\$771,542).

This weekend’s overall three-day box office haul was estimated at \$185.5 million. The year-to-date total is \$7.492 billion -- up 3.3% from the figure at this time last year, according to Comscore.

THIS SIMPLE POLENTA AND MUSHROOM DISH WILL ELEVATE YOUR HOLIDAY TABLE

By KATIE WORKMAN
Associated Press

This simple recipe is a marriage of two even simpler foods, that add up to one flavorful appetizer, main dish or side. This would be welcome any time from breakfast to lunch to dinner, and also a nice entertaining idea. And they would be a great addition to a Holiday table, a cheery little side dish, or a center of the plate offering for the vegetarians in the house.

Precooked Polenta in Tubes

While you can make polenta from scratch, spread it out to cool, cut it into shapes, that's awfully time consuming. I prefer to start with packaged cooked polenta. It is available in tubes, sometimes available in the refrigerated section (look near the tofu), and also in the pasta aisle. Many brands don't need refrigeration until you open them, so check both places. I love Melissa's shelf-stable organic prepared polenta in tubes, which is available in plain, sundried tomato, and Italian herb. It's quite the time saver!

This polenta then gets sliced and griddled up in a pan on the stove. The polenta is cooked already, however in order for it to get that nice caramelized exterior on the slices, you'll want to brown it. A key tip is not to flip the slices too often — let them sit in the skillet for 5 to 7 minutes before turning them, and then let them get completely golden on the other side.

You could also brush the slices with oil and heat



Cheyenne M. Cohen via AP

them in the oven, or even grill them up if the weather permits. If you want to cook the slices ahead of time, they can be warmed in the oven before topping them with the sautéed mushrooms and serving.

As for the mushrooms, you can go for button mushrooms or cremini, which are very easy to find and affordable. Or if you're feeling splurgey (or have an experienced mushroom forager in the family!) go for something a bit more exotic, like morels, porcini, or oyster mushrooms.

Try another herb instead of the thyme, like sage, rosemary or marjoram.

If you want to make this dish vegan, replace the butter with olive oil. Make sure the variety of polenta you purchase is vegan (many of them are).

Pan Fried Polenta with Sautéed Mushrooms

Serves 6

Ingredients:

- 1 (1 pound) tube premade polenta
- 3 tablespoons unsalted butter, divided
- 1 tablespoon olive oil
- 1 pound mushrooms (such

as morels, porcini, oyster, or plain button or cremini mushrooms), cleaned and sliced

½ teaspoon minced garlic
1 teaspoon chopped fresh thyme

Kosher salt and freshly ground pepper to taste
Handful chopped fresh parsley for garnish

Directions:

Unwrap the polenta and slice it into ½-inch slices. Line a surface with paper towels.

Melt 1 tablespoon of the butter in a large skillet over medium-high heat. Place as many of the polenta disks into the pan as will fit in a single layer. Cook without moving them, until they turn golden brown and start to crisp up on the bottom, 5 to 7 minutes. Flip the slices with a spatula and continue to cook until the second side is browned and slightly crispy, about another 5 minutes.

Remove the polenta slices to the paper towel lined surface. Repeat with another tablespoon of butter and the remaining polenta slices.

Meanwhile, in another skillet, melt the remaining tablespoon of butter with the



My kids claim they don't like beans. That made it a little tricky to make chili this week. But it was cold and windy and chili felt right. I got a little clever with the marketing and told them it was basically meat sauce but a little different. And that isn't totally dishonest.

There was no fooling my oldest, he's 9 after all and knows my tricks. He picked out the beans but enjoyed the rest. My 5-year-old and toddler ate it up, hook and sinker.

Ingredients

- 2 lbs ground turkey
- ½ large onion, diced



olive oil over medium-high heat. Add the mushrooms, garlic, thyme and season with salt and pepper. Sauté for 8 to 10 minutes until the liquid has evaporated and

Chili

- 6 cloves garlic, minced
- 15-ounce pinto beans
- 15-ounce tomato sauce
- 15-ounce canned corn
- 1 tsp salt
- 1 tbsp cumin
- ½ tbsp smoked paprika
- 2 bay leaves

To Make

In a pot, over medium heat, add onions, garlic, ground beef, and salt. Brown. Chop with spatula. Add beans, tomato sauce, canned corn, cumin, paprika and bay leaves. Simmer for as long as you can to thicken, up to 3 hours, but certainly doesn't half to be. I simmered for about 30 minutes to avoid a revolt from my hungry family. I served this over pasta, and garnished with green onion, diced onion, and chili flakes. Sour cream, shredded cheese, and Fritos are great topping too. Eat!

the mushrooms have turned nicely browned.

Spoon the hot sautéed mushrooms over the warm polenta slices, sprinkle over the parsley and serve warm.

It's Possible to Get Addicted to Pot. Here's What to Know

By LAURA UNGAR AP
Science Writer

Dr. Smita Das often hears the same myth: You can't get hooked on pot.

And the misconception has become more widespread as a growing number of states legalize marijuana. Around half now allow recreational use for adults and 40 states allow medical use.

But "cannabis is definitely something that someone can develop an addiction to," said Das, an addiction psychiatrist at Stanford University.

It's called cannabis use disorder and it's on the rise, affecting about 3 in 10 people who use pot, according to the U.S. Centers for Disease Control and Prevention.

Here's how to know whether you or a loved one are addicted to marijuana — and what kinds of treatment exist.

How to identify signs of cannabis use disorder

If pot interferes with your daily life, health or relationships, those are red flags.

"The more that somebody uses and the higher potency that somebody uses, the higher the risk of that," Das said.

It's become more common as cannabis has gotten stronger in recent years. In the 1960s, most pot that people smoked contained less than 5% THC, the ingredient that gets you

would be 9.93% (down from 10.28%), Edison would be 9.98% (down from 10.33%), and San Diego Gas & Electric would be 9.88% (down from 10.23%). These rates are not automatically guaranteed — utilities can fall short of this return if they don't keep down costs, such as project overruns or unexpected lawsuit fees.

A small change in this rate can be a difference of millions of dollars for ratepayers. The return is a percentage of the rate base, the total value of a utility's assets it can earn a return on; this includes projects such as building a new power plant, for example. The rate bases for California's three large investor-owned utilities have steadily grown each year as they add new customers and projects, increasing the amount that shareholders can receive.

PG&E, for example, had a



high.

Today, the THC potency in cannabis flower and concentrates in dispensaries can reach 40% or more, according to the National Institute on Drug Abuse.

Cannabis use disorder is diagnosed the same way as any other substance use dis-

order — by looking at whether someone meets certain criteria laid out in the latest version of the Diagnostic and Statistical Manual of Mental Disorders, the main guide for mental health providers.

These include needing more of the drug to get the same effect, having withdrawal symptoms and spending a lot of time trying to get or use it.

"When we

break it down into these criteria that have to do with the impacts of their use, it's a lot more relatable," Das said.

What the different levels of addiction are

If you've met just two of the criteria for cannabis use disorder in the last year, doctors

say you have a mild form of the condition. If you meet six or more, you have a more severe form.

According to the latest version of the National Survey on Drug Use and Health, 7% of all people 12 or older had cannabis use disorder in 2024 and most had a mild form. About 1 in 5 had a severe form.

People can be dependent on and addicted to substances. Dependence is physical, while addiction involves behavior changes.

Marijuana doesn't affect everyone the same way, though. The same amount can have "major impacts" on one person's daily life but have no impact on another person's, Das said. "It really comes down to: How much is that substance impacting someone's functioning and life day-to-day?"

See Pot Page 6

Utilities

Continued from Page 1

The California Public Utility Commission is expected to vote on the decision in December.

Californians pay the second-highest electric rates in the U.S. after Hawaii, according to the most recent figures from the U.S. Energy Information Administration. A number of factors go into those rates, including wildfire mitigation costs. PG&E in particular has attracted the ire of California customers for its frequent rate hikes within the last year.

Baked into those bills is the return on equity, money meant to compensate shareholders for the risk of doing business. These shareholder return rates are set by each state's utility regulators and hover nationally around 10%. If approved, PG&E's rate

10% shareholder return in 2023, a possible return of about \$125 million. Had it been 1% lower, the potential return would have been \$12.5 million less.

"The proposed cost of capital decision needs refinement to better reflect California's unique risks and market realities," said Edison spokesperson Jeff Monford. "Making those refinements in the final decision will enhance SCE's ability to finance essential infrastructure projects for a more reliable, resilient and ready electric grid."

PG&E spokesperson Jennifer Robison echoed this sentiment, saying the decision "fails to acknowledge current elevated risks to help attract the needed investment for California's energy systems."

Anthony Wagner, spokesperson at San Diego Gas & Electric, said, "A decision that accurately reflects

these realities is essential to enabling investments that reduce wildfire risk, strengthen reliability, replace aging infrastructure and advance California's clean energy transition for the benefit of the communities we serve."

Utilities routinely request these rates be pushed higher because they are a key part of what goes into utilities' credit rating, affecting the interest they pay on loans for infrastructure investments. But in recent years, experts and consumer advocates point to a mismatch — the utility industry is typically considered low-risk, but critics say the shareholder return rates don't reflect that. Rates for U.S. 10-year treasury bonds, which are considered the benchmark for a risk-free investment, are about half of the national average for approved utility shareholder return rates. And it's costing utility rate-

payers across the country as much as \$7 billion annually, according to academics.

Ellis, the former Sempra economist, said there is a way to lower shareholder returns while keeping customer bills in check and maintaining credit ratings that the commission has not yet explored — changing the balance of debt and equity each utility has.

"You really need to understand credit," he said. "This is where they're going to get you."

The commission is allowed to set the debt-equity balance when it determines shareholder returns, but it left this unchanged for all three utilities in its proposed decision for 2026. Keeping shareholder return rates high as the main means for keeping credit ratings up, Ellis said, unnecessarily burdens ratepayers.

Celeste

Continued from Page 1

With the security hold now in place, the LAPD said Tuesday, “No other information will be provided at this time” regarding the investigation into the teen’s death.

However, the agency did take issue with some details contained in recent media coverage of the girl’s death.

Celeste’s body was found Sept. 8 in the front trunk of a Tesla at a Hollywood tow yard. The car was registered to singer D4vd, whose real name is David Anthony Burke. The body was found days after what would have been the teen’s 15th birthday, although she is believed to have been dead possibly for weeks in the trunk of the car, which had been parked for several weeks in the Hollywood Hills before it was towed.

Over the weekend, TMZ reported that the teen’s dismembered and decomposing body had apparently been at least partially frozen before

it was placed in the car’s trunk, and suggested some of the body parts were frozen when they were found. TMZ reported that the condition of the body was so poor that the medical examiner may not be able to determine an exact cause of death, instead leaving it “undetermined.”

In the statement released Tuesday, the LAPD insisted “the body of Celeste Rivas was not frozen when it was discovered on September 8, 2025.” Police also denied reports that the girl had been decapitated.

Police did acknowledge separate reports that D4vd -- pronounced David - - traveled to the Santa Barbara area during spring of this year for unknown reasons. The media reports suggested that he traveled to a remote area and remained there for several hours, and that the singer may have had help from another person to dismantle the teen’s body.

Police did not provide specifics, saying only, “The reason for that trip is still under investigation and we’ve drawn

no conclusions at this point about the relevance of the trip to this case.”

Last week, multiple media outlets reported that D4vd had been officially named a suspect in the teen’s death, and that he was being uncooperative with investigators. Police have not confirmed the reports.

Celeste, of Lake Elsinore, had been reported missing by her mother last year, when the girl was just 13. The mother has told reporters that her daughter had a boyfriend named David. D4vd has a tattoo on one of his fingers matching the one reading “Shhh” that the Los Angeles County medical examiner revealed previously was on Rivas’ index finger.

The teen’s brother told NBC4 earlier this year that Celeste was last seen going to a movie with D4vd, but she never returned.

The Tesla in which her body was found had been abandoned near a home in the 1300 block of Doheny Place, not far from a home D4vd

had rented. Police served a search warrant at the house and took several items as possible evidence.

“The vehicle had been parked at the location from which it was towed for several weeks, so Ms. Rivas Hernandez may have been deceased for several weeks before the discovery of her body,” police said in a statement in September.

No arrests have been made in connection with the teen’s death. A representative for D4vd said previously the singer was cooperating with investigators.

“The Los Angeles County Medical Examiner has not yet determined the cause or manner of Ms. Rivas Hernandez’s death,” police said in September. “As such, it remains unclear whether there is any criminal culpability beyond the concealment of her body. (Robbery-Homicide Division) is thoroughly examining every aspect of this case to uncover the truth and seek justice for Celeste Rivas Hernandez and her family.

“We appreciate the public’s patience and understanding as we continue this investigation. Further updates will be provided as appropriate, but at this time, we are unable to answer additional questions.”

The Los Angeles Times reported earlier that the 2023 Tesla had been parked on Bluebird Avenue in Hollywood Hills for so long that some residents complained about it in late August, leading the car to be ticketed. A parking enforcement officer marked the Tesla on Aug. 27, noting the position of its tires, according to The Times. The officer issued a citation on Sept. 3 to the Tesla for violating the 72-hour parking ordinance.

D4vd was on the last leg of a U.S. tour when Rivas’ body was discovered. Several shows were canceled, including one that had been scheduled at Los Angeles’ Greek Theatre.

According to various reports, his label, Interscope Records, has halted all promotion of D4vd’s latest record, “Withered.”

Pot

Continued from Page 1

Where people can get help for cannabis use disorder

Many marijuana users first come to Das for help coping with something else, like alcohol use disorder. Later, she said, they’ll often come back and mention a struggle with cannabis.

She assures them that there are effective treatments for the disorder.

One is called motivational interviewing, a goal-oriented counseling style that helps people find internal motivation to change their behavior. Another is cognitive behavioral therapy or CBT, a form of talk therapy that helps people to challenge negative

thought patterns and reduce unhelpful behaviors.

Twelve-step programs like Marijuana Anonymous can also be helpful, Das said. But whether someone chooses to join a group or not, even being able to lean on a community of people who aren’t using pot is an important part for recovery.

Dave Bushnell, a retired

digital executive creative director, started a Reddit group 14 years ago for people who, like him, had developed an addiction or dependency to cannabis and wanted help recovering. Its discussion forum has 350,000 members and continues to grow.

Bushnell, 60, said peer support is essential to recovery and some people feel more

comfortable chatting online than in person. “This is potheads taking care of potheads,” he said.

Doctors urged people who need help to get it, whether it’s with a professional or in a peer group.

As with alcohol, “just because something’s legal doesn’t mean that it’s safe,” Das said.

File No.: R-202513006
FICTITIOUS BUSINESS NAME STATEMENT
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
1. MUSTARD SEED TAX SERVICES
123 S MAIN ST, LAKE ELSINORE, CA 92530
Riverside County
MAILING ADDRESS:
Full Name of Registrant: 31095 LARCHWOOD ST MENIFEE, CA 92584
1. LUIS ALBERTO RONZON 31095 LARCHWOOD ST MENIFEE, CA 92584
This Business is conducted by: INDIVIDUAL.
The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.
I declare that all information in this statement is true and correct. (A registrant who declares information as true any material

matter pursuant to Section 17913 of Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)
/S/LUIS RONZON
NOTICE - In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except, as provided in subdivision section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in residence address or registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under Federal, State, or Common Law (see section 14411 ET SEQ., Business and Professions

Code).
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK OF Riverside ON 10/23/2025.
PETER ALDANA

Schld:97518 AdId:32977 CustId:2054

File No.: R-202513264
FICTITIOUS BUSINESS NAME STATEMENT
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
1. JAY'S BARBER SHOP
847 6TH STREET, NORCO, CA 92860
Riverside County
MAILING ADDRESS: 12495 LIMONITE AVE #1058, EASTVALE, CA 91752
Full Name of Registrant:
1. J&O ZUNIGA ENTERPRISES LLC 12495 LIMONITE AVE #1058 EASTVALE, CA 91752

This Business is conducted by: LIMITED LIABILITY COMPANY.
The registrant commenced to transact business under the fictitious business name or names listed above on: 11/17/2019.
I declare that all information in this statement is true and correct. (A registrant who declares information as true any material matter pursuant to Section 17913 of Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)
/S/JESUS ZUNIGA
NOTICE - In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except, as provided in subdivision section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in

residence address or registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under Federal, State, or Common Law (see section 14411 ET SEQ., Business and Professions Code).
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK OF Riverside ON 10/30/2025.
PETER ALDANA

Schld:97529 AdId:32980 CustId:2054

File No.: R-202513206
FICTITIOUS BUSINESS NAME STATEMENT
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
1. CALIFORNIA RETINA ASSOCIATES

Public Notices

2. AMERICAN EYE ASSOCIATES
27315 JEFFERSON AVE, SUITE F,
TEMECULA, CA 92590
Riverside County
MAILING ADDRESS: 835 THIRD AVENUE,
SUITE A, CHULA VISTA, CA 91911
Full Name of Registrant:
1. CRA GP INC GP OF CALIFORNIA
RETINA ASSOCIATES LP 835 THIRD
AVENUE, SUITE A CHULA VISTA, CA
91911
This Business is conducted by: LIMITED
PARTNERSHIP.
The registrant commenced to transact
business under the fictitious business name
or names listed above on: N/A.
I declare that all information in this statement
is true and correct. (A registrant who
declares information as true any material
matter pursuant to Section 17913 of
Business and Professions Code that the
registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to
exceed one thousand dollars (\$1,000).)
/S/KEVIN WINDLE
NOTICE - In accordance with subdivision
(a) of Section 17920, a fictitious name
statement generally expires at the end of
five years from the date on which it was
filed in the office of the county clerk, except,
as provided in subdivision section 17920,
where it expires 40 days after any change in
the facts set forth in the statement pursuant
to section 17913 other than a change in
residence address or registered owner. A
new fictitious business name statement must
be filed before the expiration. The filing of
this statement does not of itself authorize the
use in this state of a fictitious business name
in violation of the rights of another under
Federal, State, or Common Law (see section
14411 ET SEQ., Business and Professions
Code).
THIS STATEMENT WAS FILED WITH
THE COUNTY CLERK OF Riverside ON
10/29/2025.
PETER ALDANA

Schld:97533 AdId:32981 CustId:2054

A.P.N.: 429-310-025 Trustee Sale No.:
2025-1619 NOTICE OF TRUSTEE'S SALE
UNDER A NOTICE OF A NOTICE OF
DELINQUENT ASSESSMENT AND CLAIM
OF LIEN. YOU ARE IN DEFAULT UNDER A
NOTICE OF DELINQUENT ASSESSMENT
DATED 9/30/2024. UNLESS YOU TAKE
ACTION TO PROTECT YOUR PROPERTY,
IT MAY BE SOLD AT A PUBLIC SALE.
IF YOU NEED AN EXPLANATION OF
THE NATURE OF THE PROCEEDINGS
AGAINST YOU, YOU SHOULD CONTACT
A LAWYER. Notice is hereby given that on
12/16/2025 at 9:00 AM, S.B.S. Lien
Services As the duly appointed Trustee
under and pursuant to Notice of Delinquent
Assessment, recorded on 10/2/2024 as
Document No. 2024-0297398 Book Page of
Official Records in the Office of the Recorder
of Riverside County, California, The original
owner: DERICK KELSO AND JONATHAN
JENSEN The purported current owner:
DERICK KELSO AND JONATHAN JENSEN
WILL SELL AT PUBLIC AUCTION TO THE
HIGHEST BIDDER payable at time of sale
in lawful money of the United States, by
a cashier's check drawn by a State or national
bank, a check drawn by a state of federal
credit union, or a check drawn by a state
or federal savings and loan association,
savings association, or savings bank
specified in section 5102 of the Financial
Code and authorized to do business in this
state.: IN THE COURTYARD IN FRONT
OF THE HISTORIC CIVIC CENTER
LOCATED AT 815 W SIXTH ST, CORONA,
CA All right, title and interest under said
Notice of Delinquent Assessment in the
property situated in said County, as more
fully described on the above referenced
assessment lien. The street address and
other common designation, if any of the real
property described above is purported to be:
31795 VIA DEL SENOR HOMELAND,
CA 92548 The undersigned Trustee
disclaims any liability for any incorrectness
of the street address and other common
designation, if any, shown herein. Said
sale will be made, but without covenant or
warranty, expressed or implied, regarding
title, possession, or encumbrances, to pay
the remaining principal sum due under said
Notice of Delinquent Assessment, with
interest thereon, as provided in said
notice, advances, if any, estimated fees,
charges, and expenses of the Trustee, towit:
\$8,678.38 accrued interest and additional
advances, if any, will increase this figure
prior to sale. The claimant, SKY MESA
PROPERTY OWNERS ASSOCIATION
under said Notice of Delinquent Assessment
heretofore executed and delivered to the
undersigned a written Declaration of
Default and Demand for Sale, and a written
Notice of Default and Election to Sell. The
undersigned caused said Notice of Default
and Election to Sell to be recorded in the
county where the real property is located and
more than three months have elapsed since

such recordation. NOTICE TO POTENTIAL
BIDDERS: If you are considering bidding
on this property lien, you should understand
that there are risks involved in bidding at a
trustee auction. You will be bidding on a
lien, not on the property itself. Placing the
highest bid at a trustee auction does not
automatically entitle you to free and clear
ownership of the property. You should also
be aware that the lien being auctioned off
may be a junior lien. If you are the highest
bidder at the auction, you are or may be
responsible for paying off all liens senior to
the lien being auctioned off, before you can
receive clear title to the property. You are
encouraged to investigate the existence,
priority, and size of outstanding liens that
may exist on this property by contacting the
county recorder's office or a title insurance
company, either of which may charge you a
fee for this information. If you consult either
of these resources, you should be aware that
the same lender may hold more than one
mortgage or deed of trust on the property.
NOTICE TO PROPERTY OWNER: The
sale date shown on this notice of sale may
be postponed one or more times by the
mortgagee, beneficiary, trustee, or a court,
pursuant to Section 2924g of the California
Civil Code. The law requires that information
about trustee sale postponements be made
available to you and to the public, as a
courtesy to those not present at the sale.
If you wish to learn whether your sale date
has been postponed, and, if applicable,
the rescheduled time and date for the sale
of this property, you may call FOR SALES
INFORMATION, PLEASE CALL (855)
986-9342 or visit this internet website [www.
superiordefault.com](http://www.superiordefault.com), using the file number
assigned to this case 2025-1619. Information
about postponements that are very short in
duration or that occur close in time to the
scheduled sale may not immediately be
reflected in the telephone information or on
the internet website. The best way to verify
postponement information is to attend the
scheduled sale. NOTICE TO TENANT: You
may have a right to purchase this property
after the trustee auction if conducted after
January 1, 2021, pursuant to Section 2924m
of the California Civil Code. If you are an
"eligible tenant buyer," you can purchase the
property if you match the last and highest
bid placed at the trustee auction. If you are
an "eligible bidder," you may be able to
purchase the property if you exceed the last
and highest bid placed at the trustee auction.
There are three steps to exercising this right
of purchase. First, 48 hours after the date of
the trustee sale, you can call FOR SALES
INFORMATION, PLEASE CALL (855)
986-9342, or visit this internet website [www.
superiordefault.com](http://www.superiordefault.com), using the file number
assigned to this case 2025-1619 to find the
date on which the trustee's sale was held,
the amount of the last and highest bid, and
the address of the trustee. Second, you must
send a written notice of intent to place a bid
so that the trustee receives it no more than
15 days after the trustee's sale. Third, you
must submit a bid, by remitting the funds and
affidavit described in Section 2924m(c) of
the Civil Code, so that the trustee receives
it no more than 45 days after the trustee's
sale. If you think you may qualify as an
"eligible tenant buyer" or "eligible bidder,"
you should consider contacting an attorney
or appropriate real estate professional
immediately for advice regarding this
potential right to purchase. THE PROPERTY
IS BEING SOLD SUBJECT TO THE
NINETY DAY RIGHT OF REDEMPTION
CONTAINED IN CIVIL CODE SECTION
5715(b). Date: 11/1/2025 S.B.S LIEN
SERVICES, 31194 La Baya Drive, Suite
106, Westlake Village, California, 91362.
By: Annissa Young, Sr. Trustee Sale Officer
(TS# 2025-1619 SDI-35645)

Schld:97552 AdId:32990 CustId:2237

NOTICE OF TRUSTEE'S SALE Trustee
Sale No.: 00000009685553 Title Order
No.: DEF2250590CA FHA/VA/PMI No.:
048-4137786-703 YOU ARE IN DEFAULT
UNDER A DEED OF TRUST, DATED
01/05/2004. UNLESS YOU TAKE ACTION
TO PROTECT YOUR PROPERTY, IT
MAY BE SOLD AT A PUBLIC SALE.
IF YOU NEED AN EXPLANATION OF
THE NATURE OF THE PROCEEDING
AGAINST YOU, YOU SHOULD CONTACT
A LAWYER. BARRETT DAFFIN FRAPPIER
TREDER & WEISS, LLP, as duly
appointed Trustee under and pursuant to
Deed of Trust Recorded on 01/14/2004
as Instrument No. 2004-0027771 of
official records in the office of the County
Recorder of RIVERSIDE County, State of
CALIFORNIA. EXECUTED BY: ELIZABETH
ANN HAKES, AN UNMARRIED WOMAN
AND KIM ALAN WRIGHT, AN UNMARRIED
MAN AS JOINT TENANTS, WILL SELL AT
PUBLIC AUCTION TO HIGHEST BIDDER
FOR CASH, CASHIER'S CHECK/CASH
EQUIVALENT or other form of payment
authorized by California Civil Code 2924h(b),
(payable at time of sale in lawful money

of the United States). DATE OF SALE:
12/10/2025 TIME OF SALE: 1:00 PM PLACE
OF SALE: 815 W SIXTH ST, CORONA,
CA 92882 | IN THE COURTYARD, OF
THE HISTORIC CORONA CIVIC CENTER.
STREET ADDRESS and other common
designation, if any, of the real property
described above is purported to be: 26115
SOUTH MELBA AVENUE, HOMELAND,
CALIFORNIA 92548 APN#: 459-178-008
The undersigned Trustee disclaims any
liability for any incorrectness of the street
address and other common designation, if
any, shown herein. Said sale will be made,
but without covenant or warranty, expressed
or implied, regarding title, possession,
or encumbrances, to pay the remaining
principal sum of the note(s) secured by
said Deed of Trust, with interest thereon,
as provided in said note(s), advances,
under the terms of said Deed of Trust, fees,
charges and expenses of the Trustee and
of the trusts created by said Deed of Trust.
The total amount of the unpaid balance of
the obligation secured by the property to
be sold and reasonable estimated costs,
expenses and advances at the time of the
initial publication of the Notice of Sale is
\$199,972.38. The beneficiary under said
Deed of Trust heretofore executed and
delivered to the undersigned a written
Declaration of Default and Demand for
Sale, and a written Notice of Default and
Election to Sell. The undersigned caused
said Notice of Default and Election to Sell
to be recorded in the county where the real
property is located. NOTICE TO POTENTIAL
BIDDERS: If you are considering bidding
on this property lien, you should understand
that there are risks involved in bidding at a
trustee auction. You will be bidding on a
lien, not on the property itself. Placing the
highest bid at a trustee auction does not
automatically entitle you to free and clear
ownership of the property. You should also
be aware that the lien being auctioned off
may be a junior lien. If you are the highest
bidder at the auction, you are or may be
responsible for paying off all liens senior to
the lien being auctioned off, before you can
receive clear title to the property. You are
encouraged to investigate the existence,
priority, and size of outstanding liens that
may exist on this property by contacting the
county recorder's office or a title insurance
company, either of which may charge you a
fee for this information. If you consult
either of these resources, you should be
aware that the same lender may hold
more than one mortgage or deed of trust
on the property. NOTICE TO PROPERTY
OWNER: The sale date shown on this
notice of sale may be postponed one or
more times by the mortgagee, beneficiary,
trustee, or a court, pursuant to Section
2924g of the California Civil Code. The law
requires that information about trustee sale
postponements be made available to you
and to the public, as a courtesy to those
not present at the sale. If you wish to learn
whether your sale date has been postponed,
and, if applicable, the rescheduled time and
date for the sale of this property, you may
call 833-561-0243 for information regarding
the trustee's sale or visit this Internet Web
site WWW.SALES.BDFGROUP.COM
for information regarding the sale of this
property, using the file number assigned
to this case 00000009685553. Information
about postponements that are very short in
duration or that occur close in time to the
scheduled sale may not immediately be
reflected in the telephone information or on
the Internet Web site. The best way to verify
postponement information is to attend the
scheduled sale. NOTICE TO TENANT: You
may have a right to purchase this property
after the trustee auction pursuant to Section
2924m of the California Civil Code. If you are
an "eligible tenant buyer," you can purchase
the property if you match the last and highest
bid placed at the trustee auction. If you are
an "eligible bidder," you may be able to
purchase the property if you exceed the last
and highest bid placed at the trustee auction.
There are three steps to exercising this right
of purchase. First, 48 hours after the date of
the trustee sale, you can call 833-561-0243,
or visit this internet website [WWW.SALES.
BDFGROUP.COM](http://WWW.SALES.BDFGROUP.COM) using the file number
assigned to this case 00000009685553 to
find the date on which the trustee's sale was
held, the amount of the last and highest bid,
and the address of the trustee. Second, you
must send a written notice of intent to place
a bid so that the trustee receives it no more
than 15 days after the trustee's sale. Third,
you must submit a bid so that the trustee
receives it no more than 45 days after the
trustee's sale. If you think you may qualify
as an "eligible tenant buyer" or "eligible bidder,"
you should consider contacting an attorney
or appropriate real estate professional
immediately for advice regarding this
potential right to purchase. FOR TRUSTEE
SALE INFORMATION PLEASE CALL: 833-
561-0243 WWW.SALES.BDFGROUP.COM
BARRETT DAFFIN FRAPPIER TREDER
& WEISS, LLP IS ACTING AS A DEBT
COLLECTOR ATTEMPTING TO COLLECT

A DEBT. ANY INFORMATION OBTAINED
WILL BE USED FOR THAT PURPOSE.
BARRETT DAFFIN FRAPPIER TREDER
& WEISS, LLP as Trustee 3990 E.
Concours Street, Suite 350 Ontario, CA
91764 (866) 795-1852 Dated: 10/20/2025
A-4856001 11/14/2025, 11/21/2025,
11/28/2025

Schld:97565 AdId:32995 CustId:64

NOTICE OF TRUSTEE'S SALE File
No.:25-270272 A.P.N.:303-461-005 Property
Address.: 1246 REISLING DR, PERRIS,
CA 92571. YOU ARE IN DEFAULT UNDER
A DEED OF TRUST DATED MAY 27,
2005. UNLESS YOU TAKE ACTION TO
PROTECT YOUR PROPERTY, IT MAY BE
SOLD AT A PUBLIC SALE. IF YOU NEED
AN EXPLANATION OF THE NATURE
OF THE PROCEEDING AGAINST YOU,
YOU SHOULD CONTACT A LAWYER. A
public auction sale to the highest bidder
for cash, cashier's check drawn on a state
or national bank, check drawn by a state
or federal credit union, or a check drawn
by a state or federal savings and loan
association, or savings association, or
savings bank specified in Section 5102 of
the Financial Code and authorized to do
business in this state will be held by the
duly appointed trustee as shown below, of
all right, title, and interest conveyed to and
now held by the trustee in the hereinafter
described property under and pursuant to
a Deed of Trust described below. In the
event tender other than cash is accepted,
the Trustee may withhold the issuance of
the Trustee's Deed Upon Sale until funds
become available to the payee or endorsee
as a matter of right. The property offered
for sale excludes all funds held on account
by the property receiver, if applicable. The
property described heretofore is being
sold "as is". The sale will be made, but
without covenant or warranty, expressed
or implied, regarding title, possession,
or encumbrances, to pay the remaining
principal sum of the note(s) secured by
the Deed of Trust, with interest and late
charges thereon, as provided in the note(s),
advances, under the terms of the Deed of
Trust, interest thereon, fees, charges and
expenses of the Trustee for the total amount
(at the time of the initial publication of the
Notice of Sale) reasonably estimated to be
set forth below. The Beneficiary's bid at said
sale may include all or part of said amount.
The amount may be greater on the day
of sale. Trustor(s): DAVID E. BAJT AND
ERIKA D. BAJT, HUSBAND AND WIFE AS
JOINT TENANTS Duly Appointed Trustee:
Robertson, Anschutz, Schneid & Crane,
LLP DEED OF TRUST Recorded
on June 07, 2005 at Instrument No 2005-
0450750 of Official Records in the office
of the Recorder of RIVERSIDE County,
California Sale Date: 12/5/2025 Sale Time:
9:00 AM Sale Location: (Historic) Corona
Civic Center 815 W Sixth St., Corona, CA
92882. Amount of unpaid balance and other
charges: \$320,149.42 (Estimated)Street
Address or other common designation of
real property: 1246 REISLING DRIVE,
PERRIS, CA 92571. See Legal Description
- Exhibit "A" attached here to and made
a part hereof. LEGAL DESCRIPTION -
EXHIBIT A LOT 5 OF TRACT NO. 22845,
IN THE CITY OF PERRIS, COUNTY OF
RIVERSIDE, STATE OF CALIFORNIA, AS
SHOWN BY MAP ON FILE IN BOOK 291,
PAGES 68 THROUGH 72 INCLUSIVE,
OF MAPS RECORDS OF RIVERSIDE
COUNTY, CALIFORNIA, EXCEPTING AND
RESERVING TO THE STATE ALL OIL, OIL
RIGHTS, NATURAL GAS, NATURAL GAS
RIGHTS AND OTHER HYDROCARBON,
BY WHATSOEVER NAME KNOWN, AND
ALL OTHER MINERALS AND MINERAL
RIGHTS, WHETHER OR NOT SIMILAR TO
THOSE HEREIN MENTIONED WITHOUT
THE RIGHT OF SURFACE ENTRY. The
undersigned Trustee disclaims any liability
for any incorrectness of the street address
or other common designation, if any, shown
above. If no street address or other common
designation is shown, directions to the
location of the property may be obtained by
sending a written request to the beneficiary
within 10 days of the date of first publication
of this Notice of Sale. If the Trustee is unable
to convey title for any reason, the successful
bidder's sole and exclusive remedy shall
be the return of monies paid to the Trustee
and the successful bidder shall have no
further recourse. NOTICE TO POTENTIAL
BIDDER(S): If you are considering bidding
on this property lien, you should understand
that there are risks involved in bidding at
a trustee auction. You will be bidding on
alien, not on the property itself. Placing the
highest bid at a trustee auction does not
automatically entitle you to free and clear
ownership of the property. You should also
be aware that the lien being auctioned off
may be a junior lien. If you are the highest
bidder at the auction, you are or may be
responsible for paying off all liens senior to
the lien being auctioned off, before you can

receive clear title to the property. You are
encouraged to investigate the existence,
priority, and size of outstanding liens that
may exist on this property by contacting the
county recorder's office or a title insurance
company, either of which may charge you
a fee for this information. If you consult
either of these resources, you should be
aware that the same lender may hold
more than one mortgage or deed of trust
on the property. NOTICE TO PROPERTY
OWNER(S): The sale date shown on this
notice of sale may be postponed one or
more times by the mortgagee, beneficiary,
trustee, or a court, pursuant to Section
2924g of the California Civil Code. The law
requires that information about trustee sale
postponements be made available to you
and to the public, as a courtesy to those
not present at the sale. If you wish to learn
whether your sale date has been postponed,
and, if applicable, the rescheduled time and
date for the sale of this property, you may
call (866-684-2727) or visit the website [http://
www.servicelinkasap.com](http://www.servicelinkasap.com), using the file
number assigned to this case 25-270272.
Information about postponements that are
very short in duration or that occur close
in time to the scheduled sale may not
immediately be reflected in the telephone
information or on the Internet Web site. The
best way to verify postponement information
is to attend the scheduled sale. NOTICE
TO TENANT(S): Effective January 1, 2021,
you may have a right to purchase this
property after the trustee auction pursuant
to California Civil Code Section 2924m. If
you are an "eligible tenant buyer," you can
purchase the property if you match the last
and highest bid placed at the trustee auction.
If you are an "eligible bidder," you may be
able to purchase the property if you exceed
the last and highest bid placed at the trustee
auction. There are three steps to exercising
this right of purchase. First, 48-hours after
the date of the trustee sale, you can call
(866-684-2727) or visit the website [http://
www.servicelinkasap.com](http://www.servicelinkasap.com), using the file
number assigned to this case 25-270272
to find the date on which the trustee's sale
was held, the amount of the last and highest
bid, and the address of the trustee. Second,
you must send a written notice of intent to
place a bid so that the trustee receives it
no more than 15-days after the trustee's
sale. Third, you must submit a bid so that
the trustee receives it no more than 45-days
after the trustee's sale. If you think you
may qualify as an "eligible tenant buyer"
or "eligible bidder," you should consider
contacting an attorney or appropriate real
estate professional immediately for advice
regarding this potential right to purchase.
Robertson, Anschutz, Schneid & Crane,
LLP Date: 10/30/2025By: Marisol Nagata,
Esq. Authorized Signatory 13010 Morris
Road, Suite 450 Alpharetta, GA 30004
Phone: 858-997-1304 SALE INFORMATION
CAN BE OBTAINED ONLINE AT [HTTP://
WWW.SERVICELINKASAP.COM](http://WWW.SERVICELINKASAP.COM).FOR
AUTOMATED SALES INFORMATION,
PLEASE CALL (866-684-2727). The
abovenamed trustee may be acting as a
debt collector attempting to collect a debt.
Any information obtained may be used for
that purpose. CA DPFI Debt Collection
License # 11461-99; NMLS ID 2591653.
To the extent your original obligation was
discharged or is subject to an automatic stay
of bankruptcy under Title 11 of the United
States Code, this notice is for compliance
and/or informational purposes only and
does not constitute an attempt to collect a
debt or to impose personal liability for such
obligation. However, a secured party retains
rights under its security instrument, including
the right to foreclose its lien. A-4856755
11/14/2025, 11/21/2025, 11/28/2025

Schld:97568 AdId:32996 CustId:64

T.S. No. 25-75432 APN:
327-110-019NOTICE OF TRUSTEE'S
SALEYOU ARE IN DEFAULT UNDER
A DEED OF TRUST DATED 2/6/2017.
UNLESS YOU TAKE ACTION TO
PROTECT YOUR PROPERTY, IT MAY BE
SOLD AT A PUBLIC SALE. IF YOU NEED
AN EXPLANATION OF THE NATURE OF
THE PROCEEDING AGAINST YOU, YOU
SHOULD CONTACT A LAWYER.A public
auction sale to the highest bidder for cash,
cashier's check drawn on a state or national
bank, check drawn by a state or federal
credit union, or a check drawn by a state
or federal savings and loan association, or
savings association, or savings bank
specified in Section 5102 of the Financial
Code and authorized to do business in this
state will be held by the duly appointed
trustee as shown below, of all right, title,
and interest conveyed to and now held by
the trustee in the hereinafter described
property under and pursuant to a Deed of
Trust described below. The sale will be
made, but without covenant or warranty,
expressed or implied, regarding title,
possession, or encumbrances, to pay the
remaining principal sum of the note(s) secured by

Job No. P25-152

PUBLIC HEARING NOTICE

CASE NO: Specific Plan
Amendment 25-00002
and Zoning Code
Amendment 25-00005

APPLICANT: City of Perris
101 North "D" Street
Perris, CA 92570

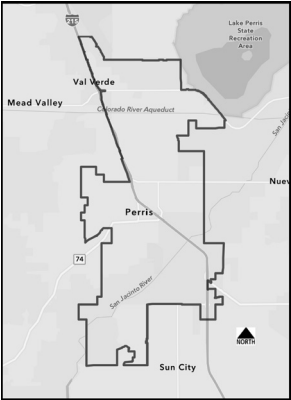
LOCATION: Citywide

PROPOSAL: A proposal to consider amendments to the Zoning Code (Title 19 of the Municipal Code), the Perris Valley Commerce Center Specific Plan (PVCCSP) and the Good Neighbor Guidelines to amend the industrial development standards for consistency with AB 98.

ENVIRONMENTAL DETERMINATION: The proposed Code Amendment is exempt from the California Environmental Quality Act under the "Common Sense Exemption" pursuant to CEQA Guidelines Section 15162, 15308, 15060(c)(3) and 15061(b)(3), which provides that, where it can be seen with certainty that there is no possibility that a project may have a significant effect on the environment, the project is not subject to CEQA. The proposed Amendment consists of a text amendment to update the city's Zoning Code, PVCCSP and the Good Neighbor Guidelines to amend the industrial development standards which will not have a significant impact on the environment and therefore is exempt from the provisions of CEQA.

PUBLIC HEARING: This project is scheduled to be considered by the City Council on December 9, 2025, at 6:30 p.m. The Planning Commission considered the project on September 17, 2025, and recommended to the City Council that the project be Approved by a vote of 4 ayes, 0 noes (with one Commissioner absent).

Any person affected or concerned by this application may submit written comments to the City Clerk's Office before the City Council hearing and not later than 5:00 p.m. on December 9, 2025. At the time of the public hearing, any person may appear and be heard in support of or opposition to the project. The City Council, at the hearing or during deliberations, could recommend approval of an alternative proposal for the above project, including any changes to the proposal. Any person challenging this project in court may be limited to raising only those issues identified at the public hearing described in this notice or writing delivered to the City Council before the public hearing.



CITY COUNCIL
PUBLIC HEARING

COUNCIL CHAMBERS
CITY HALL
101 NORTH "D" STREET
PERRIS, CA 92570

Date & Time: December 9, 2025, at 6:30 p.m.
Project Planner: Rafael Garcia,
Principal Planner
Phone: (951) 943-5003
Email: RGarcia@cityofperris.org

Si necesita un intérprete por favor
llámenos al (951) 943-5003

the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: RONALD LEE WOODS, AN UNMARRIED MAN Duly Appointed Trustee: ZBS LAW, LLP Deed of Trust recorded 2/14/2017, as Instrument No. 2017-0063174, of Official Records in the office of the Recorder of Riverside County, California, Date of Sale:12/10/2025 at 1:00 PM Place of Sale: In the courtyard, of the Historic Corona Civic Center 815 W Sixth St, Corona, CA 92882 Estimated amount of unpaid balance and other charges: \$169,948.65Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed. Street Address or other common designation of real property: 24410 CHARLETTE LANEROMOLAND, CALIFORNIA 92585-9420AKA24410 CHARLETTE LANE Menifee, CA 92585Described as follows: As more fully described in said Deed of Trust A.P.N #: 327-110-019The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also

Job No. P25-153

PUBLIC HEARING NOTICE

This may affect your property. Please read:

CASE NO: Zoning Code Text
Amendment 25-00007

APPLICANT: City of Perris
101 North "D" Street
Perris, CA 92570

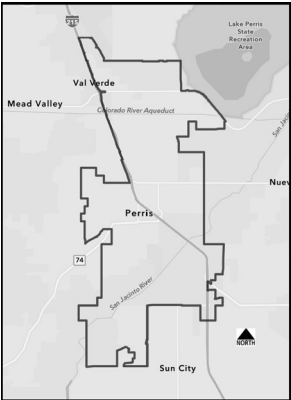
LOCATION: Citywide

PROPOSAL: A proposal to consider a Zoning Code Text Amendment (Title 19 of the Municipal Code) requiring a Conditional Use Permit and City Council approval for warehouses and distribution centers larger than 50,000 square feet in the Light Industrial and General Industrial Zones.

ENVIRONMENTAL DETERMINATION: The proposed Zoning Code Text Amendment has been determined to be exempt from the California Environmental Quality Act (CEQA) pursuant to CEQA Guidelines Section 15061(b)(3) (Common Sense Exemption), which provides that, where it can be seen with certainty that there is no possibility that a project may have a significant effect on the environment, the project is not subject to CEQA. The proposed Amendment consists of a text amendment to update the city's Zoning Code to require a Conditional Use Permit for warehouses and distribution centers over 50,000 square feet within the Light Industrial and General Industrial Zones, which will not have a significant impact on the environment and therefore is exempt from the provisions of CEQA.

PUBLIC HEARING: This project is scheduled to be considered by the City Council on December 9, 2025, at 6:30 p.m. The Planning Commission considered the project on November 19, 2025, and recommended to the City Council that the project be Approved by a vote of 5 ayes, 0 noes.

Any person affected or concerned by this application may submit written comments to the City Clerk's Office before the City Council hearing and not later than 5:00 p.m. on December 9, 2025. At the time of the public hearing, any person may appear and be heard in support of or opposition to the project. The City Council, at the hearing or during deliberations, could recommend approval of an alternative proposal for the above project, including any changes to the proposal. Any person challenging this project in court may be limited to raising only those issues identified at the public hearing described in this notice or writing delivered to the City Council before the public hearing.



CITY COUNCIL
PUBLIC HEARING

COUNCIL CHAMBERS
CITY HALL
101 NORTH "D" STREET
PERRIS, CA 92570

Date & Time: December 9, 2025, at 6:30 p.m.
Project Planner: Rafael Garcia,
Principal Planner
Phone: (951) 943-5003
Email: RGarcia@cityofperris.org

Si necesita un intérprete por favor
llámenos al (951) 943-5003

of the trustee sale, you can call (855) 976-3916, or visit this internet website tracker. auction.com/sb1079, using the 25-75432 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Dated: 11/6/2025 ZBS LAW, LLP, as Trustee 30 Corporate Park, Suite 450Irvine, CA 92606For NonAutomated Sale Information, call: (714) 848-7920For Sale Information: (855) 976-3916 www.auction.com Michael Busby, Trustee Sale OfficerThis office is enforcing a security interest of your creditor. To the extent that your obligation has been discharged by a bankruptcy court or is subject to an automatic stay of bankruptcy, this notice is for informational purposes only and does not constitute a demand for payment or any attempt to collect such obligation. EPP 45815 Pub Dates 11/14, 11/21, 11/28/2025

Schld:97571 AdId:32997 CustId:2244

T.S. No.: 25-15616 Loan No.: *****9465 APN: 339-413-033 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 4/22/2024. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder

for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: FERNANDO TOSCANO, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY Duly Appointed Trustee: Prestige Default Services, LLC Recorded 4/26/2024 as Instrument No. 2024-0121543 of Official Records in the office of the Recorder of Riverside County, California, Date of Sale: 12/9/2025 at 9:00 AM Place of Sale: At the front entrance of the former Corona Police Department at 849 W. Sixth Street, Corona, CA 92882 Amount of unpaid balance and other charges: \$548,047.92 Street Address or other common designation of real property: 25060 BONNET CIRCLE MENIFEE, California 92584 A.P.N.: 339-413-033 The undersigned Trustee disclaims any liability for any

incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. All checks payable to Prestige Default Services, LLC. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (949) 776-4697 or visit this Internet Website https://prestigepostandpub.com, using the file number assigned to this case 25-15616. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (949) 776-4697, or visit this internet website https://prestigepostandpub.com, using the file number assigned to this case 25-15616 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 11/8/2025 Prestige Default Services, LLC 1920 Old Tustin Ave. Santa Ana, California 92705 Questions: 949-427-2010 Sale Line: (949) 776-4697 Martha Nuno, Senior Foreclosure Coordinator PPP #25-008160

Schld:97660 AdId:33008 CustId:2415

NOTICE OF PETITION TO ADMINISTER ESTATE OF: PATRICK MICHAEL GONZALES CASE NO. PRRI2503283 To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of PATRICK MICHAEL GONZALES. A PETITION FOR PROBATE has been filed by EVA E. GONZALES in the Superior Court of California, County of RIVERSIDE. THE PETITION FOR PROBATE requests that EVA E. GONZALES be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining

court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 12/08/25 at 8:30AM in Dept. 8 located at 4050 MAIN STREET, RIVERSIDE, CA 92501

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
MIRIAM Y. ALI - SBN 269826
LEGAL GRIEF, PC
200 E. ROWLAND STREET, #164
COVINA CA 91723
Telephone (626) 727-2024
11/21, 11/28, 12/5/25
CNS-3986492#
PERRIS PROGRESS

Schld:97614 Adld:33014 Custld:61

T.S. No.: 25-15711 Loan No.: *****8919 APN: 303-456-003 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/16/2022. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale.

Trusdor: Oscar Cabral, UNMARRIED MAN Duly Appointed Trustee: Prestige Default Services, LLC
Recorded 9/26/2022 as Instrument No. 2022-0407379 of Official Records in the office of the Recorder of Riverside County, California,
Date of Sale: 12/24/2025 at 1:00 PM
Place of Sale: In the courtyard, of the Historic Corona Civic Center 815 W Sixth St, Corona, CA 92882
Amount of unpaid balance and other charges: \$228,059.31
Street Address or other common designation of real property: 1387 ALTA PALMA RD
Perris, California 92571
A.P.N.: 303-456-003 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary

within 10 days of the date of first publication of this Notice of Sale.

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. All checks payable to Prestige Default Services, LLC.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 793-6107 or visit this Internet Website www.auction.com, using the file number assigned to this case 25-15711. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (800) 793-6107, or visit this internet website www.auction.com, using the file number assigned to this case 25-15711 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase.

Date: 11/11/2025 Prestige Default Services, LLC
1920 Old Tustin Ave.
Santa Ana, California 92705
Questions: 949-427-2010
Sale Line: (800) 793-6107
Martha Nuno, Senior Foreclosure Coordinator
PPP #25-008275

Schld:97620 Adld:33016 Custld:2415

NOTICE OF PETITION TO ADMINISTER ESTATE OF DORA LUZ CRESPO
Case No. PRR12503320

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of DORA LUZ CRESPO.

A PETITION FOR PROBATE has been filed by RUBEN J. CRESPO and MARCO A. CRESPO in the Superior Court of California, County of Riverside.

THE PETITION FOR PROBATE requests that RUBEN J. CRESPO be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted

unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on 12/17/2025 at 8:30am in Department 12 located at 4050 Main St, Riverside, CA 92501.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Stanley E. Wade, Jr., Esq. (SBN219688)
Wade Law Group - Southern California
74-710 Highway 111, Ste 102
Palm Desert CA 92260
Phone: (760)-668-5586
EMAIL: swade@wadelawgroup.com

Schld:97624 Adld:33018 Custld:2493

NOTICE OF PETITION TO ADMINISTER ESTATE OF Pamela Jean Scott
Case No. PRR12503313

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of Pamela Jean Scott.

A PETITION FOR PROBATE has been filed by Jill G. Phillips in the Superior Court of California, County of Riverside.

THE PETITION FOR PROBATE requests that Jill G. Phillips be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on 12/15/2025 at 8:30am in Department 12 located at 4050 Main St, Riverside, CA 92501.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Gary A. Foltz, SBN 076423
Lester, Cantrell & Kraus, LLP
1770 Iowa Avenue, Suite 110
Riverside CA 92507
Phone: (951)-300-2690 Fax: (951)-300-2694

Schld:97627 Adld:33019 Custld:2494

NOTICE OF TRUSTEE'S SALE T.S. No. 25-01945-GMCA Title No. 250405049-CAVOI APN. 311-323-001 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07/19/2022. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check(s) drawn on a state or national bank must be made payable to National Default Servicing Corporation, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state; will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made in an "as is" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trusdor: Lorraine Taylor and Robert A Jackson, wife and husband, as joint tenants Duly Appointed Trustee: National Default Servicing Corporation Recorded 07/20/2022 as Instrument No. 2022-0323459 (or Book, Page) of the Official Records of Riverside County, California. Date of Sale: : 01/21/2026 at 9:00 AM Place of Sale: in the courtyard, of the Historic Corona Civic Center, 815 W., Sixth Street, Corona CA 92882 Estimated amount of unpaid balance and other charges: \$519,337.26 Street Address or other common designation of real property: 1491 Portrait Rd, Perris, CA 92571 A.P.N.: 311-323-001 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The requirements of California Civil Code Section 2923.5(b)/2923.55(c) were fulfilled when the Notice of Default was recorded. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 or visit this internet website www.ndscorp.com/sales, using the file number assigned to this case 25-01945-GMCA. Information about postponements that are very short in

duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT*: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you arc a "representative of all eligible tenant buyers" you may be able to purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 888-264-4010, or visit this internet website www.ndscorp.com, using the file number assigned to this case 25-01945-GMCA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as a "representative of all eligible tenant buyers" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase, "Pursuant to Section 2924m of the California Civil Code, the potential rights described herein shall apply only to public auctions taking place on or after January 1, 2021, through December 31, 2025, unless later extended. Date: 11/14/2025 National Default Servicing Corporation c/o Tiffany & Bosco, P.A., its agent, 1455 Frazee Road, Suite 820 San Diego, CA 92108 Toll Free Phone: 888-264-4010 Sales Line 800-280-2832; Sales Website: www.ndscorp.com Connie Hernandez, Trustee Sales Representative A-4858448 11/21/2025, 11/28/2025, 12/05/2025

Schld:97633 Adld:33021 Custld:64

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME R-202101568

The following person(s) has (have) abandoned the use of the Fictitious Business Name: ETHITECH SOLUTIONS 25060 HANCOCK AVE. STE. 103-487, MURRIETA, CALIFORNIA 92562 COUNTY: Riverside

The Fictitious Business Name referred to above was filed in Riverside County on 02/08/2021.

FILE NO. R-202101568.
Full name of Registrant: ALEX TRISTAN WALKER 25060 HANCOCK AVE. STE. 103-487, MURRIETA, CALIFORNIA 92562
This business is conducted by a INDIVIDUAL.

I declare that all the information in this statement is true and correct. (A registrant who declares as true, information which he or she knows to be false is guilty of a crime.) /s/ ALEX WALKER This statement was filed with the County Clerk of Riverside County on 11/17/2025. PETER ALDANA

Schld:97650 Adld:33027 Custld:2054

TSG No.: 92481529 TS No.: CA2500292577 APN: 364-400-023 Property Address: 30084 LEWARD COURT MENIFEES, CA 92584 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 06/21/2018. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 12/18/2025 at 09:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 06/26/2018, as Instrument No. 2018-0257198, in book , page , of Official Records in the office of the County Recorder of RIVERSIDE County, State of California. Executed by: PATRICIA SIMMONS, A SINGLE WOMAN AND CEDRIC SIMMONS, AN UNMARRIED MAN AS JOINT TENANTS, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) In the courtyard, of the Historic Corona Civic Center, 815 W Sixth St, Corona, CA 92882 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY

DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 364-400-023

The street address and other common designation, if any, of the real property described above is purported to be: 30084 LEEWARD COURT, MENIFEE, CA 92584

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$ 322,733.84. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this internet website <http://search.nationwideposting.com/propertySearchTerms.aspx>, using the file number assigned to this case CA2500292577 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction if conducted after January 1, 2021, pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916)939-0772, or visit this internet website <http://search.nationwideposting.com/propertySearchTerms.aspx>, using the file number assigned to this case CA2500292577 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid, by remitting the funds and affidavit described in Section 2924m(c) of the Civil Code, so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no

further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney.

Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 FOR TRUSTEES SALE INFORMATION PLEASE CALL (916)939-0772NPP0481164 To: PERRIS PROGRESS 11/28/2025, 12/05/2025, 12/12/2025

Schld:97657 Adld:33030 Custld:2221

APN: 289-420-004 TS No: CA05000230-25-1 TO No: 250365960-CAVOI NOTICE OF TRUSTEE'S SALE (The above statement is made pursuant to CA Civil Code Section 2923.3(d)(1). The Summary will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(d)(2).) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED June 14, 2022. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On January 7, 2026 at 01:00 PM, In the courtyard, of the Historic Corona Civic Center, 815 W Sixth St, Corona, CA 92682, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on June 22, 2022 as Instrument No. 2022-0280498, of official records in the Office of the Recorder of Riverside County, California, executed by BRIAN BEAUBIEN A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY, as Trustor(s), in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., as Beneficiary, as nominee for EQUITY SMART HOME LOANS INC as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 17874 EL MINERAL RD, PERRIS, CA 92570 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$658,386.22 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a

title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may visit the Internet Website address www.Auction.com or call Auction.com at 800.280.2832 for information regarding the Trustee's Sale for information regarding the sale of this property, using the file number assigned to this case, CA05000230-25-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. Notice to Tenant NOTICE TO TENANT FOR FORECLOSURES AFTER JANUARY 1, 2021 You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 800.280.2832, or visit this internet website www.Auction.com, using the file number assigned to this case CA05000230-25-1 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: November 17, 2025 MTC Financial Inc. dba Trustee Corps TS No. CA05000230-25-1 17100 Gillette Ave Irvine, CA 92614 Phone: 949-252-8300 TDD: 711 949.252.8300 By: LOAN QUEMA, AUTHORIZED SIGNATORY SALE INFORMATION CAN BE OBTAINED ONLINE AT www.Auction.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: Auction.com at 800.280.2832 NPP0481380 To: PERRIS PROGRESS 11/28/2025, 12/05/2025, 12/12/2025

Schld:97660 Adld:33031 Custld:2221

File No.: R-202513904

FICTITIOUS BUSINESS NAME STATEMENT

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:

1. APPLIANCES TODAY

1622 ILLINOIS AVE, SUITE 14, PERRIS, CA 92571

Riverside County

Full Name of Registrant:

1. NINELAND TECHNOLOGY INC 44846 CORTE RODRIGUEZ TEMECULA, CA 92592

This Business is conducted by: CORPORATION.

The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

I declare that all information in this statement is true and correct. (A registrant who declares information as true any material matter pursuant to Section 17913 of Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) /S/JIAN LI

NOTICE - In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except, as provided in subdivision section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in residence address or registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under

Federal, State, or Common Law (see section 14411 ET SEQ., Business and Professions Code).

THIS STATEMENT WAS FILED WITH THE COUNTY CLERK OF Riverside ON 11/20/2025.

PETER ALDANA

Schld:97672 Adld:33036 Custld:2054

The City of Perris Engineering Department and County of Riverside hereby give notice of the City's intent to revise the flood hazard information, generally bounded by Nuevo Rd to the north, Dunlap Dr to the east and San Jacinto River to the south. The flood hazard revisions are part of Letter of Map Revision (LOMR) Case No. 25-09-1071P for a project along the San Jacinto River from approximately 7,200 feet to 8,400 feet upstream of Interstate 215, southerly of Nuevo Road between Evans Road and Dunlap Drive. PW Land Investments, LP has placed fill as part of Tract 31157-2. The following flood hazards along the San Jacinto River will be revised:

- Base Flood Elevations will increase along the San Jacinto River
- The Special Flood Hazard Area will increase and decrease along the San Jacinto River

Maps and detailed analysis of the revision can be reviewed at the City Engineer's Office at 101 North "D" Street Suite, 100, Perris CA 92570, and Riverside County Engineer's Office at 1995 Market Street, Riverside, CA 92501. Interested persons may contact Mr. John Pourkazemi, City Engineer for the City of Perris at 951.956.2120 or jpourkazemi@cityofperris.org, or Mr. Hilal Elhaddad, Engineering Project Manager for County of Riverside at 951.955.1265 or haelhadd@RIVCO.ORG for additional information from December 1st through December 10th.

Schld:97676 Adld:33037 Custld:1759

NOTICE TO CREDITORS OF BULK SALE (Sec. 6104,6105 U.C.C.)

Escrow No. 9820-JB

NOTICE IS HEREBY GIVEN that a bulk sale is about to be made. The name(s) and business address(es) of the seller(s) is/are: MICHAEL HUN, 31170 HIGHWAY 74, UNIT A, HOMELAND, CA 92548

Doing business as: HOMELAND DONUTS

All other business name(s) and address(es) used by the seller(s) within the past three years, as stated by the seller(s), is/are: NONE

The location in California of the chief executive office of the seller(s) is: SAME AS ABOVE

The name(s) and business address of the buyer(s) is/are: SENGYOU TANG, 29808 EAST LAKE COURT, MENIFEE, CA 92586

The assets being sold are generally described as: FIXTURES, EQUIPMENT, FURNITURE, GOODWILL, INVENTORY, COVENANT NOT TO COMPETE and are located at: HOMELAND DONUTS, 31170 HIGHWAY 74, UNIT A, HOMELAND, CA 92548

The bulk sale is intended to be consummated at the office of: BENNETT ESCROW SERVICES INC, 332 N. RIVERSIDE AVE, RIALTO, CA 92376 and the anticipated sale date is DECEMBER 17, 2024

The bulk sale is subject to California Uniform Commercial Code Section 6106.2.

The name and address of the person with whom claims may be filed is: BENNETT ESCROW SERVICES INC, 332 N. RIVERSIDE AVE, RIALTO, CA 92376 and the last day for filing claims by any creditor shall be DECEMBER 16, 2024, which is the business day before the anticipated sale date specified above.

Dated: 10-20-2025

SENGYOU TANG, Buyer(s)

4429332-PP PERRIS PROGRESS 11/28/25

Schld:97677 Adld:33038 Custld:2364

File No.: R-202513140

FICTITIOUS BUSINESS NAME STATEMENT

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:

1. C&G BUSINESS SOLUTIONS

5660 ORANGE GROVE AVE, HEMET, CA 92544

Riverside County

Full Name of Registrant:

1. C & G TAX AND NOTARY LLC 5660 ORANGE GROVE AVE HEMET, CA 92544

This Business is conducted by: LIMITED LIABILITY COMPANY.

The registrant commenced to transact business under the fictitious business name or names listed above on: 10/06/2025.

I declare that all information in this statement is true and correct. (A registrant who declares information as true any material

matter pursuant to Section 17913 of Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) /S/CYNTHIA CONCHA

NOTICE - In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except, as provided in subdivision section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in residence address or registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under Federal, State, or Common Law (see section 14411 ET SEQ., Business and Professions Code).

THIS STATEMENT WAS FILED WITH THE COUNTY CLERK OF Riverside ON 10/28/2025.

PETER ALDANA

Schld:97684 Adld:33042 Custld:2054

NOTICE OF PETITION TO ADMINISTER ESTATE OF Sandra Louise Read aka Sandy Read

Case No. PRMC2501132

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of Sandra Louise Read aka Sandy Read.

A PETITION FOR PROBATE has been filed by Barbara Ann Havertape in the Superior Court of California, County of Riverside.

THE PETITION FOR PROBATE requests that Barbara Ann Havertape be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on 1/6/2026 at 8:30am in Department S101 located at Superior Court of California, County of Riverside, Southwest Justice Center, 30755-D Auld Road, Murrieta, CA 92563.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Monica Amboss SBN:134127

LAWF OFFICE OF MONICA E. AMBOSS, APC.

40634 EASTWOOD LANE

PALM DESERT CA 92211

Phone: (760)-345-1494 Fax:

Schld:97699 Adld:33049 Custld:2476

Fiber Is Something Most People Could Use More Of. But Experts Advise Caution With 'Fibermaxxing'

By DEE-ANN DURBIN AP Business Writer

U.S. consumers who have had their fill of finding protein added to everything from cereal to ice cream are about to meet the next big food fad: fiber.

Americans have been boosting their protein intake for years; even Pop-Tarts and Starbucks are selling protein-enhanced products. But the number of new products promoted with high or added fiber saw a big uptick in the U.S. this year, according to market research firm Mintel. Hundreds of videos on social media celebrate the benefits of dietary fiber and share recipes to help viewers get more of it.

There's even a term for trying to meet or exceed the recommended daily fiber intake: fibermaxxing.

"I think fiber will be the next protein," PepsiCo CEO Ramon Laguarta said during a recent conference call with investors. "Consumers are starting to understand that fiber is the benefit that they need."

Fiber's benefits

Unlike muscle-building protein, fiber isn't sexy. It's a carbohydrate found in plants that your body can't break down. It helps feed gut bacteria and move food through the digestive system.

"Folks don't want to talk about it at a dinner party," said Debbie Petitpain, a registered dietitian nutritionist and a spokeswoman for the Academy of Nutrition and Dietetics.

There are two main types of fiber. Soluble fiber dissolves in water and forms a gel-like material that feeds gut bacteria. It's found in foods like oats, peas, beans, apples and carrots. Insoluble fiber doesn't dissolve in water and moves food through the digestive system. It's found in whole wheat flour, popcorn, wheat bran, nuts, green beans and potatoes.

Studies have shown that fiber lowers cholesterol levels, regulates blood sugar and promotes weight loss, since high-fiber foods tend to make eaters feel more full. It may also

protect against heart disease, diabetes, diverticulitis and colon cancer, according to the American Heart Association.

Petitpain said rising use of GLP-1 weight loss drugs could be one reason for the renewed focus on fiber, since GLP-1s naturally slow digestion and fiber can prevent constipation. She said fiber has seen similar spikes in interest when people wanted to alleviate symptoms from high-fat diets like Atkins or keto.

How much fiber do we need?

Most people in Western countries could use more fiber because their diets are low in vegetables, fruits and whole grains, said Sander Kersten, director of the Division of Nutritional Sciences at Cornell University.

Under the U.S. Department of Agriculture's guidelines, adults should aim for 14 grams of fiber for every 1,000 calories they consume. That's about 25 grams of fiber for women and 38 grams for men each day. Petitpain said Americans generally only get about two-thirds of that amount.

For reference, 1 cup of raspberries contains 8 grams of fiber, while a banana contains 3.2 grams, according to the USDA. One-half cup of avocado contains 5 grams of fiber and 1 cup of lima beans contains 13.2 grams. Fiber One, a bran cereal, packs 18 grams of fiber into a 2/3-cup serving.

What are good ways to increase fiber?

Kersten said long-term studies about the benefits of fiber have looked at the consumption of whole foods and not packaged products with added fiber.

"The way it is consumed as an additive and part of a diet that doesn't contain a lot of fiber may be different than a naturally fiber-rich diet," Kersten said. "You can eat a very processed, Western diet and consume foods that are enriched, but we don't know if it confers the same benefit."

Whole foods also help the body in other ways, Petitpain said. An apple contains 4.8 grams of fiber as well

as water, vitamins and minerals, for example.

Here are some recommendations from the Mayo Clinic for adding fiber to your diet:

— Choose a breakfast cereal with 5 grams or more of fiber a serving. Top it with a sliced banana or berries.

— Choose breads with at least 2 grams of fiber per serving and try other grains like brown rice, whole-wheat pasta and quinoa.

— When baking, substitute whole-grain flour for white flour. Add wheat bran to muffins and cookies.

— Try to eat five or more servings of fruit and vegetables daily. If you eat canned fruit, make sure it's canned in fruit juice and not syrup, and make sure canned vegetables are low in sodium.

Think twice about fibermaxxing

There is no defined upper limit for fiber intake, Kersten said. But increasing fiber can cause painful gas and bloating, especially if it's done quickly.

Petitpain said people should increase their fiber intake gradually and drink plenty of water.

"You're feeding gut bacteria a food, and you can't break it down. You rely on them, and if you give them second, third and fourth servings, there's not enough of them to handle the extra load," Petitpain said.

Certain populations should also be extra careful about their fiber intake, Petitpain said. People who are sensitive to gluten or allergic to foods like soy, shellfish or psyllium husk should read labels carefully since some foods with added fiber contain those ingredients.

More broadly, Kersten questions the trend of focusing on one nutrient, whether it's protein or fiber.

"We don't need nutrients, we need foods. Ultimately, what you want to be striving for is a healthy diet, and you should choose foods that are considered to be an important part of a healthy diet," he said.

SCOREBOARD

HOME

00:00

GUEST

☒ POSS ☐

Football - Playoffs

D1

Centennial28Mater Dei27

D2

Los Alamitos23Murrieta Valley10

D4

San Jacinto18Villa Park15

D6

SPXMA39Roosevelt6

D10

Tahquitz41Santa Monica35

Basketball - Boys

Centennial61Bakersfield Christian52

Centennial70SPXMA58

Centennial102Los Alamitos74

Centennial60Torrey Pines58

Roosevelt78Claremont43

Roosevelt51Long Beach Poly40

Roosevelt81Rancho Cucamonga52

Corona56Valley View40

Corona84Miller40

Silverado74Corona42

Corona81JW North49

King68Victor Valley47

King63Troy49

King55Glendora51

King49Wilson45 (OT)

Norte Vista83Norco53

Vista Murrieta73Norco38

Elsinore74Norco53

Arlington75Norco62

Santiago75Colony63

Santiago102Carter68

Santiago84Rialto70

Temecula Valley85Temecula Prep45

Temecula Valley88Arlington42

Temecula Valley76Upland53

Temecula Valley74Vista Murrieta61

Chaminade82Chaparral60

Chaparral79Riverside Prep53

Murrieta Mesa67Fontana41

Murrieta Mesa77Palm Desert60

Arrowhead Christian70Murrieta Mesa66

Rancho Dominguez82Murrieta Valley80

Murrieta Valley86Laguna Beach41

Murrieta Valley81St. Anthony72

Laguna Hills80Murrieta Valley69

Norte Vista84Vista Murrieta54

Vista Murrieta58Rancho Cucamonga56

Vista Murrieta74Notre Dame40

Rancho Cucamonga64Great Oak59

Great Oak64Foothill56

Great Oak60Norte Vista58

Yucaipa52JW North50

Jurupa Hills74JW North67

Palm Springs77Arlington41

Arlington59Kaiser48

Elsinore89Liberty54

Liberty70Banning24

Moreno Valley71Colton48

Moreno Valley56Citrus Valley46

Summit48Moreno Valley46

Beaumont50Moreno Valley41

Orange Vista87Twentynine Palms39

Citrus Hill71Orange Vista68

Orange Vista66Canyon Springs39

Orange Vista66Hemet52

Hemet65Temescal Canyon56

Hemet60Citrus Valley51

Heritage64San Jacinto47

Heritage54Arroyo Prep32

Heritage73Woodcrest Christian56

Citrus Hill80Twentynine Palms36

Citrus Hill65Beaumont58

Summit71Citrus Hill53

Montclaire54Lakeside51

Lakeside74Mountain View20

Lakeside56Bolsa Grande34

Redlands East Valley76Paloma Valley56

Paloma Valley59SJVA33

Bonita56Paloma Valley43

Canyon Springs57Grand Terrace38

Beaumont53Canyon Springs35

Citrus Valley60Canyon Springs21

Vista del Lago59West Valley43

Vista del Lago59Jurupa Valley41

Elsinore76Notre Dame44

Elsinore73Arroyo Valley53

Redlands East Valley96West Valley43

Palm Desert84West Valley26

Fontana68West Valley41

West Valley61Sultana46

Summit74Temescal Canyon43

Temescal Canyon58Colton35

Temescal Canyon54Twentynine Palms45

Rubidoux40San Jacinto33

San Jacinto59SJVA33

Tahquitz58Cathedral City32

Tahquitz53Indio36

Tahquitz43Patriot40